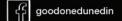




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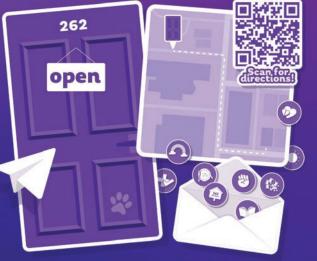
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## **EDITORIAL: WELCOME TO DIRTY DUNNERS**

Well here we go again. To many reading this: welcome back, suckers. To the freshers who've dug through your hallpack of noodles, vouchers and condoms to find this glorious sample-sized Critic: kia ora, I'm glad you made it. Here's an introduction to the gig.

For those not in the know, Critic Te Ārohi is the student-run student mag here at Otago. The elevator pitch is that we're New Zealand's oldest, most widely read and award-winning student mag. 2025 is a special year for this jumped up little shit of a magazine: we're celebrating our 100th birthday! We'll be sure to act like that one self-important mate who celebrates their parent's condom breaking for a week straight, except we'll be annoying about it all year. The King has already been pestered about sending a letter.

Critic Te Ārohi functions a bit like the Uni's makeshift journalism school. If you fancy giving it a go, either get in touch or simply rock up to the office. If that fails, waft a samosa from OUSA lunch towards the office and we'll come to you. Or if you just want to employ our services and get your mug in the mag, send through news tips for us to sniff out. You'll be surprised what piques our interest. Tip: your chances are higher if it involves shithousery and/or tomfoolery.

In recent history, the rag-tag crew of journos at Critic (dubbed the 'Critters') have been known to sneak into halls to review their food, interview slime monster politicians, pen scalding hot takes on the 'proper' way to prepare noodles, report on flooded Leith River canoers, host a dating competition, profile Six60's former fifth band member, and investigate lawbreaking law students. And there's more where that came from. Critic's mumma bear is OUSA. Squint hard enough at campus and you'll find that OUSA does a hell of a lot for students outside of hosting O-Week. Many students take their entire university careers to realise they're more than a board of overachieving students looking to add "student advocacy" to their CVs. It's a fully fledged organisation of passionate people eager to make your experience here the best it can be (\$2 samosas included).

To all you Dunedin newbies, don't be put out if you discover that Castle Street isn't your vibe. Despite it being the only aspect of Dirty Dunners the media shows, and perhaps the reason many choose to study here, it represents a very small part of the student experience. If you take one piece of advice from this crusty would-be sixth year, it's this: explore Dunedin beyond Castle Street, find your crew, join a club. Throw your weight around until something sticks.

But first, have a flick through Critic Zero and get excited for the real thing. Rip out the centrefold and stick it on your wall. Browse the local op shops with our handy zine guide. Practice your beer pong skills according to the Critic-defined handbook of rules. Familiarise yourself with your student representatives. Check which drugs not to mix and get 'em tested. Get amped, get hype, get fizzed. Welcome to Otago University.

Chur,

NINA BROWN (AKA Mrs Critic)





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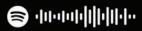
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Complaints should be addressed to the Secretary: info@mediacouncil.org.nz.





## President **Liam White**

# **OUSA 2025**

Tēnā koutou katoa, and welcome (or welcome back) to Otago! I hope you've had a restful break and are ready to dive into another year of cramming study between parties and club events. I'm Liam, your OUSA President for 2025! If you've got any concerns about student life here at Otago, big or small, don't be afraid to reach out at President@OUSA.org.nz or on Instagram @Liam\_ OUSA Prez.

This year, we've got some big plans to improve that coveted Otago experience. From rent and housing issues to creating a welcoming and safe environment on campus, OUSA is here to make your time at Otago unforgettable. Whether it's through events, clubs, or advocacy, we're working hard to keep our campus vibrant, inclusive and, most of all, fun. Don't be afraid to say hi if you see me around – much like vourself during exam week. I'm always happy to put off work for a varn. Ngā mihi nui, and here's to a great year ahead!



### Administrative Vice President **Amy Martin**

Hi, I'm Amy, the AVP for 2025. I am currently in my fourth year at Otago, studying Psychology and Management. I love the beach, walking, and my dog, and especially love those three things together! I also love getting to know new people so come say hi if you see me around. My role as AVP involves supporting the President and the Exec team, helping out with policy work at OUSA, and making sure the rest of the exec stays on track! It's a very exciting role, and I'm stoked to be a part of the team this year!



## **Postgrad Rep**

#### **Josh Stewart**

Tēnā rā tātau. I'm Josh Stewart, the OUSA Postgraduate Representative for 2024. The Postgrad Rep's main jobs are to represent the interests and concerns of all postgraduate students, sit on postgraduate committees, chair the Society for Postgraduate Students and perform other exec duties as required. My main aims are to carry on the work from Hanna and the previous postgrad reps as an advocate for the postgrad community. I'm just starting my PhD, and in my spare time I volunteer with the Red Cross and always have a minimum of five books on the go. After eight years at Otago, this is my first time on OUSA, so I'm really looking forward to the role and all that it entails!



## **Residential Rep**

**Callum Hadlow** Kia-ora, my name's Callum and I'm proud to be your 2024 Residential Rep for OUSA! I'm a third-year Politics student from the Far North, and I understand the highs and lows of flatting life. I am committed to ensuring student housing is affordable and safe for everyone. My job is to listen to your concerns and work with you to find practical solutions. Whether it's addressing issues with landlords, advocating for better housing standards, or providing resources to help you navigate flatting life, I've got your back. Together, we can tackle the challenges of student housing and make flatting in Dunedin a positive experience for everyone.



#### **Academic Rep Stella Lynch**

I'm Stella, your current OUSA Academic Representative, and I'm running to continue advocating for your academic needs in 2025. This year, I've dedicated hundreds of hours to ensuring your voice is heard, including co-leading the review of the lecture recordings policy. If re-elected, I'll keep pushing for improvements, including paid placements for students and the implementation of the lecture recordings policy. I've built strong connections within the University to make these changes happen. Let me keep working for you in 2025!



# **International Rep**

Ibuki Nishida

Kia ora koutou. I'm Ibuki, your International Students' Representative for OUSA this year. My role is all about advocating for the unique needs of international students in university committees, ensuring that our voices are heard and valued in the decision-making process. If you are facing any challenges, please reach out, I'm here to help. I also work closely with our cultural clubs, organising events like the International Food Festival and the Cultural Expo to celebrate the cultural diversity on our campus. Really looking forward to meeting you all!

## **Political Rep** Jett Groshinski

Kia ora koutou, I'm Jett Groshinski, your Political Representative for OUSA. I'm here to represent you and make sure your voice is heard on the issues that matter most to students. Whether it's advocating for better rental conditions, a fairer student allowance, or a safer campus, I'm committed to creating real change. Outside of my role, you'll find me tramping, playing a bit of guitar, or out doing some photography. If you see me around campus, don't hesitate to come say hi! I'm always keen to chat and hear what's on your mind.



## **Finance & Strategy Officer Daniel Leamv**

Kia ora, I'm Daniel Leamy, your OUSA Finance and Strategy Officer for 2025. My role is all about managing how OUSA spends its money to deliver services that benefit students. Whether it's funding events like Ori' and Hyde Street Party or providing services such as Student Support, I'm here to ensure your uni experience is worth every cent. If you're struggling with anything related to student life, don't hesitate to reach out. You can contact me at finance@ousa.org.nz.





# Welfare & Equity Rep

**Amy Whyman** 

Kia ora, I'm Amy and your 2025 Welfare and Equity Representative! I'm currently in my fifth year at Otago studying Law, Music and Economics. For the last couple of years I was a subwarden at Caroline Freeman College and am excited to take on all things welfare and/or equity. My job is to work with organisations around the University and the local community to make sure student welfare issues are represented and advocated for at an executive level. You can contact me at welfare@ousa.org.nz or come say hi if you see me around. Bring on 2025!

## **Clubs & Socs Rep Deborah Huang**

Kia ora everyone, I'm Deborah and I'm so excited to be your Clubs and Socs Rep for 2025! I'm in fifth year studying Law and Economics, but the most defining part of my time at university is all the clubs I've been part of, I've been on several executives and I'm looking forward to using my experience to serve the wider club community. Most of all though, I want to hear from you what you believe clubs and societies need to thrive. Feel free to get in touch anytime via clubsrep@ousa.org.nz or @deborahclubsnsocs on Instagram!











# 



## Ngātiki Taylor - Co-Tumuaki

Kia ora e te whānau! He uri tēnei nō Ngāti Mutunga, Ngāi Tahu anō hoki. Ko Ngātiki tōku ingoa. Ki au te tumuaki takirua o te Rōpū Māori i tēnei tau. Chur, my name is Ngātiki, and I'm proud to be one of the Tumuaki Takirua (Co-Presidents) for Te Rōpū Maori in 2025, alongside Porourangi Templeton-Reedy. I was born and raised in the beautiful yet small Tūranganui-a-Kiwa, and now find myself here with the immense privilege of representing and advocating for tauira Māori. I'm excited for all the incredible kaupapa we have planned for this year and keen to meet some new faces!



### Porourangi Templeton-Reedy - Co-Tumuaki

Mauri ora e te whānau. He uri au nō Ngāti Porou, Ngāi Tūhoe me Tainui hoki. Ko Porourangi Templeton-Reedy tōku ingoa. E ako ana au i te tohu kairangi i mātauranga Māori. I tēnei tau, ko au tētahi Tumuaki Takirua o Te Rōpū Māori! This year I have the privilege of being one of your Co-Presidents for TRM. I've played this game for a while so I'm pretty good at it. TRM has provided me some of the best memories during my time here so I'm pretty much looking to give back to the whānau. Like, share, follow, subscribe to our socials! E mihi ana - Pou.



### Liam Beckham - Co-Kaiwhakahaere Kaupapa

Chur! I am the Co-Kaiwhakahaere Kaupapa (events officer) of Te Rōpū Māori for 2025 and I'm super excited to bring some meanage events your way, whānau. Fun, chill, drink, no drink, food, no food (ayeee that's not happening) but anyways we've got some cool stuff planned for 2025 so get on the bus, whānau. Don't be afraid to show up because I'm definitely gonna show out for y'all. Te Rōpū Māori ki te ao blehh.



#### Tamaarangi Te Rei Tuuta - Co-Kaiwhakahaere Каирара

E te iwi, kia ora! I am the Co-Kaiwhakahaere Kaupapa for 2025, and I am excited to be bringing us some awesome kaupapa. Whānau, at the end of the day, it's the tauira who steer the direction of the waka, so if you wish to see something happen or have ideas to share, don't be shy – this space is for you! But I also understand that some of our tauira just want to sit back and enjoy the ride, so don't worry - Liam and I have already charted a course with some exciting kaupapa on the horizon. Toia mai te waka, te waka TRM folks!









Te Rōpū Māori is the Māori Student's Association at the Ōtākou Whakaihu Waka. TRM strive to represent the interests of tauira Māori at the University, with the ultimate aim of creating a kāinga rua: a home away from home on campus. They run many events across the year ranging from social sports, kapa haka, Te Hokai our annual Māori ball, te reo classes, Marae trips, study nights and numerous social activities. TRM is governed by the student executive Te Rito, who are elected by tauira every year.

#### Sami Harrison - Āpiha Mātauranga

Mauri ora e te iwi! Ko Sami ahau, he uri tenei nō Te Tai Tokerau, Ngati Ruanui me Ngati Maru ki Hauraki ano hoki and I am the Āpiha Matauranga for Te Rito 2025! Growing up between Whanganui and Te Hāwera, I graduated Whanganui Collegiate School in 2022 and am now starting my third year of my Bachelor of Science, majoring in Neuroscience. The four pou that strengthen my whare are kapa haka, whānau and friends, music, and learning. Like my team, I am very excited to whakapiki and tautoko the academic achievements of tauira Māori and create #academicweapons2025!

### Taylin Timu - Kaipāpāho Matua

Kia ora koutou! I'm Taylin Timu, your Kaipāpāho Matua for Te Rito 2025. My role is about keeping our Māori student whānau connected, informed, and inspired. From hyping up your achievements to sharing important updates and events, I'm here to ensure our voice is strong and proud across campus. Whether through creative content, celebrating successes, or getting important korero out there, I'll be working to represent us in the best way possible. Let's make this year unforgettable, filled with meaningful connections, big wins, and moments that truly showcase who we are! Kia pai tō koutou rā!

#### Nuhaka Maitai - Kaihāpai

Kia ora! I am the Kaihāpai for this year and I am looking forward to struggling just as much as I'll be enjoying the role. A tiny bit about me: I was born and raised in South Auckland and whakapapa to different iwi that are in Auckland and not – on my mum's side (Ngāti Whātua, Waiohua, Tainui) and on my dad's side (Ngāti Kahungunu). I am excited to see even more new faces as the new tauira are coming in this year. If you wanted a whole spiel about who I am, you're out of luck – I would recommend coming to events hosted by Te Ropū Māori instead where you can ask me in person. Chur!

## Aliyah Tautuhi-Fraser - Kaiwhakahaere

Mauri ora e te iwi! I am, the kaiwhakahaere for Te Rōpū Māori, working closely with the Deputy Vice-Chancellor office. So in simple terms, Te Rito is my boss! I handle the administrative and logistical side of things for TRM and am excited to be involved in the many kaupapa we offer. Please feel free to pop in for a coffee and a chat anytime - I'm always keen to meet and connect with our tauira Māori. Ngā mihi – Aunty Liyah x



# criticHow

# How to know if you're a breatha (and how you can come to accept it)

By Hugh Askerud Illustrated by Sarah Kreft

Part

Develop self-awareness



1 Oh, the breatha. The absolute epitome of what people think of when they think "student". Like the scarfie of yesteryear, the breatha is everywhere: lurking in your lecture halls, downing Monsters in the library, sifting on your mates. You know them when you see them – or do you? Check yourself, breatha; the problem is worse than you think. In very real surveys conducted by the University of Otago's Psychology Department, students generally underestimated their breathaness by 92% on any given BYO night. Further studies concluded that two thirds of Otago students fell somewhere on the breatha (or even sheatha) spectrum at some point in their studies. There's a very real chance that you reading this may have inadvertently fallen into the breatha zone!

**2** One can hear the breatha howling into the night in anguish, yearning to break from the chains of their own social anxiety and hedonism. Hence why DnB is so popular – the beat is designed to mask the screams. Part of the breatha conundrum is the inherent contradiction between uni having you absolutely cooked on life, and the "ceebs" mentality leftover from high school that still plagues your every action. Uni is a space where there is so much to do, but the breatha also thinks that doing any of it will make you look like an idiot to everyone. God forbid you be seen giving a fuck. Still, you need something to help you connect with the masses of anonymous people you pass on a day-to-day basis. Drinking, perhaps? You're cool right? You're game for a laugh? And just like that, you're a breatha. Collect your liquor store merch on the way out.

### Part How to spot it

1 Don't think that just because you're on Leith Street you've somehow managed to escape the vortex of Castle Street breathadom. In fact, the breatha zone can be traced on a map to include Dundas, Leith, Castle, Forth, and down to Clyde and Hyde, forming a dick and balls. Castle is merely the shaft. If you live on the cock, have zero hobbies, and generally find yourself ceebsing everyone and everything on a Sunday, it's likely you're a breatha.

**2** Some more niche symptoms to look out for are the wispy mo' that doesn't grow because it's never been shaved, the violent withdrawals you get when it's a Wednesday and you're not pissing up, or the moment that the length of your jorts drops below the knee (really bro?). The second your mullet touches your shirt collar you're in grave danger. Good thing shirts are optional, apparently.

**3** Don't think that just because you don't binge drink you can't possibly be a breatha. Smoking has gradually begun to replace excessive alcoholism after even the benign act of drinking has become too tiresome. It's actually a fucking pit, one which no student ever wants to be in, no matter how well they hide their tears beneath the brim of their goodlid.

## <sup>Part</sup> Denial

**1** First thing to do (now that you have finally addressed your breathaness) is to calm the fuck down. It's probably not hard for you to do because you exist in a state of constant lethargy, but it can be lowkey upsetting to know that when a Dunedin News boomer is thinking of "those bloody students", they're thinking of you.

**2** Any attempt to drastically change your personality may result in even worse psychological imbalances, such as a move towards excessive toxic softboy energy – a state which can result in an even worse state of self-denial (guilty).

**3** The next thing to do is realise that no matter what you do in the short-term, it is impossible to rid yourself of your breathaness. Much like your balls in public, that deep psychological itch within you still needs to be scratched!



1 Once you've resigned yourself to your breathaness, you have the tools to do some soul-searching (it's like trying to find your hoon, but metaphysically). You begin by asking yourself, "Who am I really? In my pursuit of meaning, friendship, and identity, have I really become this strange, almost inhuman creature dedicated to my craft on the decks above all else?"

**2** The truth is, you're just like everyone else here. In this sense, everyone at Otago is a breatha. We cloak ourselves in identities which we know will work in social settings, all the while aiming for something greater – a personality. Critic will let you know when we figure out what that is.

**3** At the core of breathadom is not hatred or an unflinching craving for social hegemony, it is that which binds student culture together. It is love which fundamentally makes the breatha who they are. It is the innocent love of student culture, fostered on your first day at halls before being transformed into something greater. And if you're all reading this now (actively engaging in student culture) doesn't that make you a breatha too?

**4** Being a breatha needn't be a bad thing, let yourself know this. In the wise words of the most wounding breatha, Wreck-It Ralph, "I'm breatha and that's good. I'll never be good because that's not breatha. There's no one I'd rather be than me."

Time to make: One hour TOTAL Makes: 2 decent serves (4 smores)

#### You will need:

- Small, shallow oven-safe dish (e.g. wee sauce dish) - Tin foil
- MARIJUANA (1/3 1/2 a fid), can increase based on tolerance - Arnott's Nice Biscuits, or plain sugared biscuits (x 8)
- Hazelnut spread (Nutella if you're feeling fancy)
- Jumbo marshmallows (optional but recommended)

#### **Step 1: Decarb your weed**

Airfryer temperatures can be VERY inconsistent - results will vary, but go low and slow. There's definitely a joke to be made there but I'm too tired (or stoned from testing these, who's to say).

1. Place a few buds in your small dish and break the weed up with your fingers. You could grind or chop, but we want larger pieces with kief preserved.

2. Cover the dish completely in tin foil. Wrapping it all the way around helps trap the smell, too.

3. Put the covered dish in an air fryer set to 105C for 15-20 minutes. Older/drver/smaller amounts of weed will take around 10-15 minutes.

**NOTE:** If you know your air fryer runs hot or is dodgy, start checking after 10 minutes. Air fryers do take time to preheat (like ovens), and this is roughly factored into the above times. Temperature and time control are the most important part of making edibles, which air fryers lack – but you probably lack oven skills, so...

**4.** You'll know the decarbing process is done when your weed is toasted, dry/crumbly to the touch, and slightly yellowed in colour - NOT burnt, brown or oily. If you overcook your weed, it's not gonna work. Pro tip: compare with some of your untoasted weed from the same fid. If it looks the exact same, put it back in for a bit longer.

5. When complete, crush decarbed weed into fine pieces with the back of a teaspoon. Use the same utensil throughout - most of the kief and good shit will get stuck to it.

#### Step 2: Biscuit sandwich

1. Lay biscuits out (8 makes four smores), and spread a generous amount of Nutella on the non-sugar side of each. The fat in the Nutella absorbs the THC, so we want as much as possible.

2. Sprinkle your decarbed weed onto 4 of the 8 Nutella'd biscuits, dividing it evenly-ish inbetween. Use your teaspoon to gently mix the weed into the Nutella. Spread it evenly or you get a mouthful of grass.

**3.** Top off the sandwich by placing a plain Nutella biscuit on top.

4. Wrap each of your finished smores in tin foil, once again enclosing all edges.

5. Cook tin foil wrapped smores at 110C for 10 minutes.

#### Unwrap, let cool (or don't be a bitch) and enjoy, OR

**By Lotto Ramsay** 

Illustrated by Evie Noad

FIRECRACKER

#### **Optional: Top with toasted marshmallow**

Smores are meant to have the marshmallow inside, but I haven't figured that out vet.

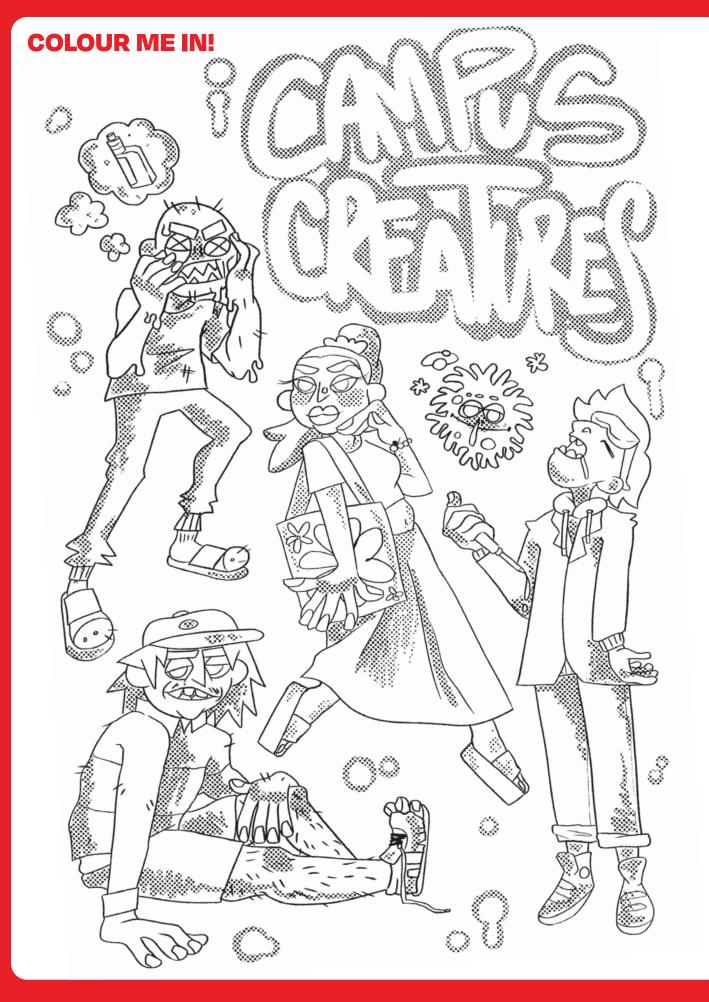
1. Unwrap smores, and use a dab of Nutella to stick a marshmallow to the top of each

**2.** Your airfryer is probably still hot, and we just want to toast up the outside a bit. Cook at ~110 for 3-5 minutes, or until golden.

Enjoy, and be responsible - wait about an hour before taking more. Get to know your air fryer, and play with the times and temps for different results.







#### DOWN

- 1 Uni info desk (2) 2 Bee Card transporter 3 Local reservoir creek
- 4 Sweatiest room in OUSA
- 6 Pearl producer
- 7 Scurvy-avoider
- 8 Swiss coin
- **10** Te Araroa trip downwards (abbr.)
- 13 Disability discrimination
- **17** \_\_/him 18 Surf beach (2) 19 Māori water-dweller 21 Ash-holder 24 Woof, for example 25 Critic's sneaky link (2) 26 "\_\_\_\_ wife!" - Borat

16 Because (abbr.)

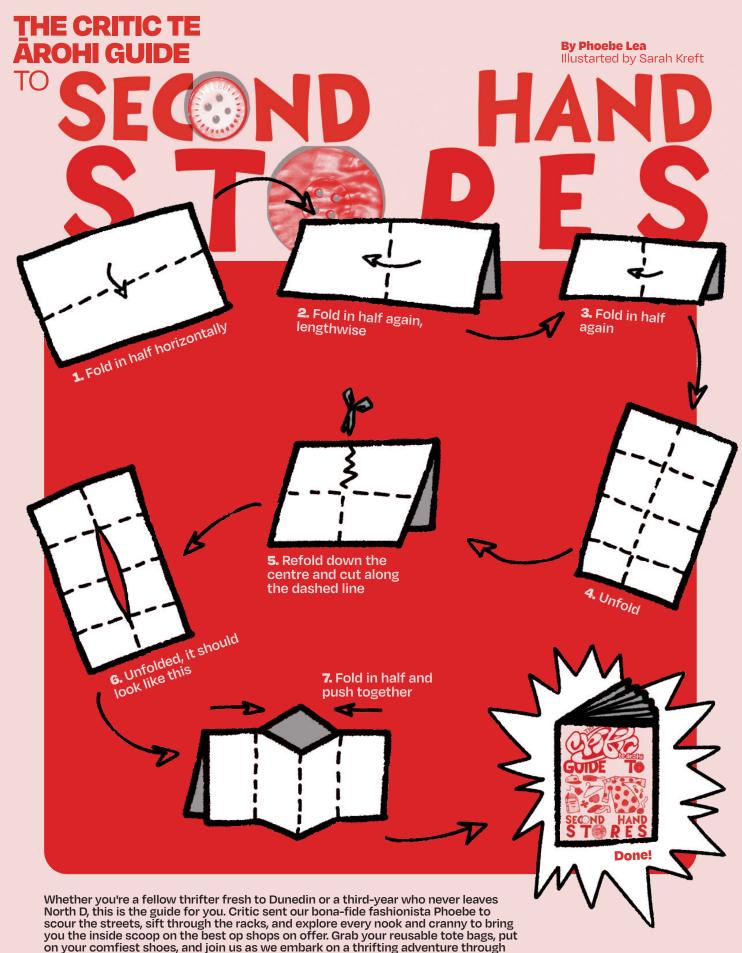
29 Fat Amy actress 31 Happily \_\_\_\_\_ after 32 Student pantry staple (abbr.)

34 Texter's ta-ta (acr.)

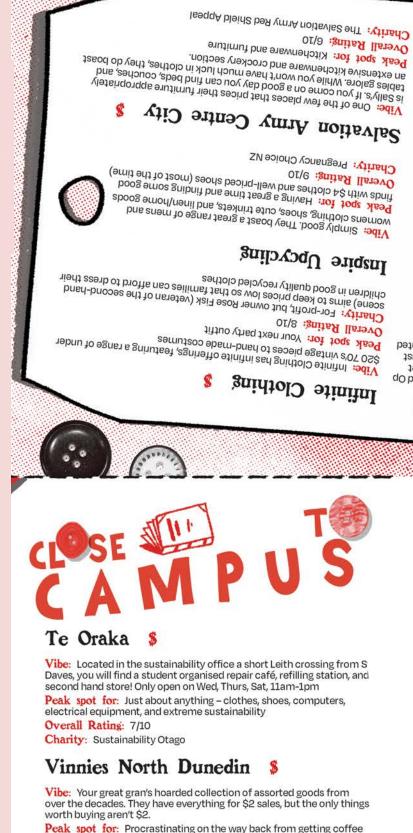
28 Fancy Starbucks order

37 Emersons's Hazed and Confused, for example (acr.)

27 The Uni's one-stop recreation shop



the heart of Dirty Dunners. Who knows what treasures you'll uncover along the way?



and shopping for a \$2 costume Overall Rating: 3/10 for thrifting (someone probably got to the best

stuff before you) 10/10 for yarns Charity: The Society of St Vincent de Paul





#### Recycle Boutique \$\$-\$\$\$

pieces.

Charity: For-profit but they support Kidscan, Lifewise, Opportunity for Animals, and City Mission by donating clothing, sponsoring events or donating a portion of sales

Charity: Otago Community Hospice Overall Rating: 10/10 great vintage section wetsuits, a really cool lamp, and 50 cent crockery Peak spot for: '70s gunne-sax dupe for \$15, a collectable teaspoon, you will also not spend all of your money (if you know what I mean). Vogel St is that you will spend all of your money but, at the same time,

Vosel St Hospice Shop \$-\$\$

to check downstairs in the bins - \$2 to fill a bag! The worst thing about Vibe: Finding anything your thrift-loving heart may desire. Don't forget

Overall Rating: 5/10. Don't worry Vogel St is just around the corner! Peak spot for: Funky glassware

Vibe: 2010s Glassons crop tops (the same price as originally sold)

## Red Cross Shop Dunedin

Charity: Presbyterian Support Otago Overall Rating: 8/10, points removed for price

Peak spot for: Nice vintage and a wedding dress (flat wedding

entering the store is a treat for the eyes. You will find masses of curated is the most bougie op shop ôtepoti has to offer. As a vintage lover, just Shop on St Andrews, the Support opportunity shop on Princes Street Vibe: An amalgamation of the once-famous Op Shop on Carroll and Op

# Support Opportunity Shop \$\$-\$\$\$

#### Static Age \$\$-\$\$\$

Vibe: Looking for something more alty than Recycle Boutique? Static Age is a vintage and pop-culture inclined consignment store that opened in August 2023.

Peak spot for: Vintage streetwear and retro clothes **Overall rating:** 8/10

Vibe: It's a Recycle Boutique, there's only so much you can expect from thousands of university students' consigned clothes: Glasson's jeans, old high-end shoes, American vintage, South Island brands, and overpriced obscure designer accessories. My advice is to head straight to the staff picks or down the back for the shoes.

Peak spot for: Mens and basics

Overall rating: 6/10. If you're looking for some item of clothing in particular, you're likely to find it - but at what cost?

#### Paper Bag Princess \$\$

Vibe: If Recycle Boutique or Static Age aren't in your budget, head a little further into town and you will be greeted by racks of unique and vintage

Peak spot for: Vintage and designer (if you know where to look) Overall Rating: 7/10 (2010s slay)





Some kind of Twilight merch	соокроок Equiouqe	Over- priced vintage rack	A container of phone cases	Minecraft t-shirt
Photo frame with a picture still in it	Bateu A 2000a	Scrap fabric pile	bilos 02 stid blos l'yniv no	,bnte, CD Mestetna Heley
Teadless mannequin	Free coat hanser box	SPACE FREE	A white A with with a brown a brown a brown a tain	Jacket with something in the pocket
Puzzle that's missing pieces	Random clothins pattern	Plastic Macdonalds toy	Knock off Warehouse New Balances	book of Grey Jook
раусокеп аva Втокеп	спр вгоми Вгоми	А tie гаск	strið okst0 mrotinu	ton fuzz by no

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SPCA Op Shop \$ Vibe: Likely your first stop on the great op-shop browsing journey **V IDE:** Likely your first stop on the great op-shop browsing journey from north to south. The immense weight of the masses of clothes on the rack will fight you from doing so, though. Peak spot for: The kitchen utensils of your dreams Overall Rating: 6/10 Charity: SPCA Otago Orphans Aid Op Shop \$-\$\$\$ **Vibe:** Light and roomy, this makes for a joyous browsing experience. Prices are variable, lots of cheap stuff but their vintage is overpriced (they lure you in but an old petticoat will set you back \$60) Peak spot for: Books Charity: Orphans Aid International + Trade Aid Overall Rating: 7/10

# Cat Rescue Dunedin

Charity Shop \$

Vibe: Definitely a presence of cats and their ladies, but not nearly enough cat memorabilia (probably because they snatch ther before they hit the floor) Peak spot for: Cheap glassware

Overall Rating: 6/10 Charity: Cat Rescue Dunedin

## Salvation Army

Vibe: Hidden at the end of the road (metropolis of North East Valley), down the back of the Salvation Army building, you will find a range of average things at a range of above merced prices

Peak spot for: Ending the NEV thrifting journey on a

Charity: The Salvation Army Red Shield Appeal

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There are but three things in this miserable world that are able to give me any semblance of something akin to joy: soup, frugality, and the quiet bliss of an instruction manual. Basically, the way everyone makes their instant noodles in this goddamn city is ensuring I will be first in line at campus's new mental wellbeing centre. Fuck your dry ass noodles.

By Lotto Ramsay

TIPOT NEL 2 65 0Z (75g /公克

You Suck at

mano

Okay, sure, just because I personally enjoy a hearty properlyprepared bowl of instant soup noodles – soft but chewy ramen floating serenely in a glistening bowl of delicate broth - this doesn't mean the rest of you can't enjoy your unseasoned Maggi Chicken à la sinkwater, drier than your constipated butthole mid-comedown. But do you enjoy them? And why don't we let ourselves think of instant noodles as a food we are permitted to put time into enjoying?

The first step to enjoying instant noodles is: read the first step. Actually read the instructions on the packet. There are pictures and everything. Figure out if you're meant to be making dry noodles or soup noodles - this is where a lot of people fuck up. While Indomie Mi Goreng are a dry (no

soup) noodle based on Indonesian fried noodle dishes, mo other instant noodles are variations of Chinese or Japanese noodle soup dishes; the broth is often the main event, and the noodles a humble vehicle for it.

NOODLES / Par

No, it isn't "the juice" - it's soup. Not to be confused with a Western-style stew that you need an entire baguette and a pitchfork to get through, but a delicate bowlful of broth that can be slurped in large quantities to instantly warm your belly. Once you've sussed that you're making soup noodles, that's only half the battle. What kind of soup noodle? Are the noodles meant to be cooked on a stovetop, or soaked in boiling water? When do you add the flavour packet? Is the packet a "dump the whole thing in" or a "season to taste" where you're really not meant to use the whole shebang? You wouldn't cook a spag bol, biff the sauce down the drain, and then assert that bolognese is tasteless cold noodles covered in a red-tinged oil. Likewise, you wouldn't cook it with an entire tube of tomato concentrate and boldly assert that Italian food is too salty.

Perhaps one of the few things that keeps you feeling confident is that you think you But if everyone could take a moment to enjoy know how to make instant noodles. They're instant noodles a fraction of how much I do. instant, after all – how hard can it be? This wouldn't we all be a little bit happier? misunderstanding is the underpinning of flaccid noodles everywhere. You hubris-riddled fool, you. One day your bones will make my **GAME-CHANGING INSTANT** broth. The components that allow instant **NOODLE RECS:** noodles to be, well, instant, are also that which require them to be precise. I swear on my Nissin - Japanese Tonkotsu Pork Flavour MSG-encrusted soul that I can taste when My favourite Japanese style instant ramen. For Nissin Instant Tonkotsu was made without best results, follow the instructions to cook draining and replacing the original water. I can the noodles first on a stovetop and then drain tell my Shin Ramyun is under-seasoned by the water before adding new water for the smell alone. Over- or under-cooking by a mere broth for a nice clear soup. minute can transform the taste and texture of the entire meal. Basically, it's witchcraft, Add: Bean sprouts and/or bok choy - simmer and when the spellbook is in front of you, you along with the noodles. Add ham, seaweed, might as well read it. and a boiled egg for lazy feelgood at-home ramen. To the virgin raw flavour-packet snorter,

these may seem like nitpicking semantics, but that's because nobody appreciates the science - nay, the art - of the instant noodle. A good noodle soup can take days to prepare Classic Korean instant ramen with yummy from scratch, and yet we've reduced it into thick noodles - it's even vegetarian. If a full simply flipping the switch on a kettle. We just pack of Shin Ramyun Spicy is too hot, pro tip: don't appreciate them like we should. Take the use half a pack of flavouring and then add a classic wavy ramen block shape, ubiquitous packet of miso soup. Or: don't be a bitch. The to the point of being used to mock every new SOON mild version does slap, though. curly blonde for decades. Rather than just being "the shape that instant noodles are", the Add: Miso soup, spinach, bok choy. Also, trust folded wavelike block was revolutionary - the curls allow a full serving of noodles to fit into there. It's fucked but it works. a small brick, while also creating elasticity, texture, and making it harder for them to slip off chopsticks. A plus for those with smooth, Trident - Pho Beef Rice Noodles; Tom Yum slippery brains.

Furthermore, the flash-frying method Rice noodles are the easiest instant noodle, as (though air-drying is more common these rice noodles are soaked rather than cooked. No days) allowed for a shelf-stable, easily mass stovetops, just boiling water and a nice mug. produced meal – enough to help lift Japan out Add: Spring onions are insane here. To make of post-war famine (true story). The first flashthe beef flavoured ones a lil' fancy, add some fried noodles were a regional Chinese delicacy, roast beef and bean sprouts to the beef and even when mass-produced instant noodles when done, or just a bit of lite soy noodles first hit shelves in 1950s Japan, they sauce. The tom yum ones benefit from some were considered a luxury and a novelty. These ham, spring onions, seasoning sov, and sesame days, they're synonymous with broke uni oil - my current hyperfixation. students and bachelor-dom. No one proudly proclaims that they're eating instant noodles for dinner, and I think that's a problem.

We don't make instant noodles properly because we don't respect them as a foodstuff. Just because they're a "depression food" it doesn't mean they should be depressing to eat. If anything, it should mean the opposite. For many, instant noodles seem to be an almost shameful cop-out form of sustenance, a lazy feed, and not "real" food; but for me, I think of my mum's Cantonese soups and the same care she puts into instant noodles. I think back to nervously serving instant ramen to my white friends after school and having them enthusiastically ask afterwards what I put in it. I think of the simple dignity of being able to have a good hot meal when I don't have the energy for anything else. Sure, I'm biased -I eat more instant foods than literally anyone I know (I still think I could be an astronaut), I've gone on many unprompted rants about the superiority of clear broths, and I'm filled with

the unbridled angst of the half-Asian diaspora.

#### Nongshim - Shin Ramyun Gourmet Spicy; Mild.

me on this: try putting a hash brown or two in

### **Rice Noodles**

#### Yum Yum - Duck flavour etc

- Hands down the best budget instant noodle. Tasty both when cooked properly on a stovetop or when made with boiling water a rare combo. Highly recommend the duck flavour, if you can find it.
- Add: Fried shallots (can be found in the international section) for an easy crunchy topping. Or add literally anything, cos this shit fucks.

#### Nissin - Tokyo Shoyu Ramen

The noodles in this are thicker and less curled than your average instant ramen, for a bit more bite. They're one of the most expensive of the lot, but it's worth it for the lil bits. Mmm, bits.

Add: A hardboiled egg and some seaweed.



**(th Cup:** Two players on a team hit the same cup and immediately win the game (5.4%) were fairly straightforward. Inside this booklet, we've included those that receintry "yes" votes. Here are the ones you voted against (% are yes votes):

**Fire:** After a player hits two cups in a row, they can call "heating up". If they make a thirc t they can announce they're "on fire" and shoot until they miss (8.3%)

**eyard (var 1):** Sunk cups go to the side in the "graveyard". Any shot that lands in a syard cup go back into the game (5.1%)

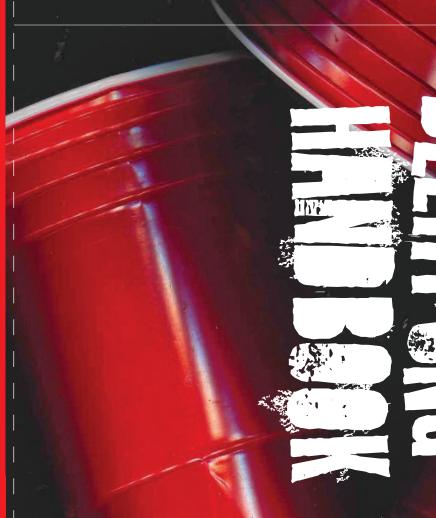
**of Fire:** If the three corner cups and the centre cup are knocked out forming a circle nnected cups, the team immediately wins (1.8%)

**ge:** If there are only three cups remaining and they are not touching each other, they stay that way without an island or rearrange call allowed (7.2%) **II:** Remove a cup from your own side if you completely miss the table (3.3%)

Catch an opponent's shot as it bounces off the rim of a cup and in the same I throw it at your opponent's head. The opponent may catch it and counter throw head. The person whose head is hit must drink an extra cup (5.8%)

**tch on the Full:** Catch an opponent's shot that didn't hit a cup or the table below the ole to remove one of their cups (26.1%)

م





drink. House Rules Whatever you want. 61.8% People identifying as male must 6: Dicks

drink. 91.8% 7: Heaven Last player to point up must drink.

Hon

3: Me

4.

5:

2:

91.3% Nominate a mate for the rest of the game. When you drink, they drink. you may create chains of mates. 8:

94.5% Rhyme The card-drawer starts with a The Caro-Grawer Starts With a Word, and players go around the Circle rhyming it until someone fucks up or repeats a rhyme. Ø:

A: Add to Aing's Cup 98.3% When a king is drawn, donate to the King's Cup. The fourth king drawn must finish the King's Cup, and thus also the game. 89.1%

A: Waterfall The card-drawer starts drinking, then the person to their left, and so on. When everyone is drinking, the card-drawer may stop, and then the person to their left may stop, and so on stop, and so on.



# L. EQUIPMENT

**1.1** Cups: Either 12 or 20 cups (preferably plastic), depending on whether you are playing a 6-cup or 1C formation.

1.2 Table: Any table will do. Stickier the better to keep the cups in place.
1.3 Balls: 2 ping pong balls (preferably undented). If you can't find any, try looking under your frids couch cushions.

# **PLAVERS & TEAMS**

**.1** A team consists of two players.

2.2 A player can only play for one team. No swinging.

# BEVERAGE

.1 A team can choose what liquid to put in their cups, with the caveat that should it not be alcoholic they nust be taking sips of an alcoholic beverage when a cup is sunk by the other team (86.4%).

# STARTING GAME & FROME

1 To decide which team starts, one player from each team must maintain eye contact with the other rol shoot for a cup on the opposition's side of the table, known as "snake eyes". If neither sinks a cup, their artners repeat. This continues until someone sinks a cup. The cup remains in the game, and the team of the layer who sank it receives both balls to begin the game.

**4.1.1** Shake eyes determine the starting team for every game, regardless of whether there was a game previously played on the table (70%).

4.2 The elbow of a player must not extend over the table on their side whilst shooting (95.7%).
4.2.1 Any player or spectator may call "elbows" if a player is in violation of rule 4.2. If a cup is sunk by in violation of "elbows", it does not count and the cup remains in the game (58.5%).

in violation of "elbows", it does not count and the cup remains in the game (58.5%). **4.3** The contents of any sunk cup, or equivalent from a personal vessel, must immediately be drunk by a pla on the opposing team (77.9%).

**4.4** If a team knocks over one of their own cups at any point during the game, that cup is taken out of the game, counting for the other team (68.8%).

defined and put by point during the game a cup is knocked over by outside interference, it is refilled and put by the game (93.18).

**.G** If at any point during the game a ball is spinning within a cup, a player on the team whose side it is on may ttempt to blow it out (S8.3%).

4.6.1 Fingering a spinning ball is no

# **B. GUP FRANTIENS**

**5.1** Each team may call for a "rearrange" once during the game (94.3%), where the cups on the opposition's side are rearranged into a formation of their choosing.

**5.1.1** A rearrange may be called even if there are just two cups left.

**5.1.2** A 'gentleman's I' may not be called in addition to a rearrange (71.7%).

**5.2** At any point during the game, a team may request for the opposition to "fix" the alignment of their cups (90.6%) to the correct formation.

# E. END OF GAME PENALTICS (63.7%)

h.1 Penalties apply if any player at the end of the game has not sunk any balls, regardless of whether they w in the winning team or not (36%).

**G.1.1** Sinking a redemption shot counts as a shot, meaning if a player only sunk a redemption shot the entire game, end of game penalties do not apply (77.4%). **G.2** The official end of game rule is a naked run (63.1%), whereby a player must strip naked and run a distance acceptable to the players and spectators of the game.

# TURN of ALATA

7.1 If both players on a team each sinks a cup, they get their balls back for another turn (90.3%).
7.2 Rim bounce: If a ball hits the rim of other cups before landing in a cup, those cups are all removed in addition to the sunk cup (69.1%).

**7.3** Grenade/Explosion: If two players hit the same cup, all the cups touching it are also removed from the game (79.4%).

7.4 Graveyard: Any cup that is sunk during the game is put to the side into what is called the "graveyard". If a shot lands in a graveyard cup, spectators drink (50%).
7.5 Island (82.1%): Each plaver may call "island" once (67.5%) during the game. They must select a cup that

7.5 Island (82.1%): Each player may call "island" once (67.5%) during the game. They must select a cup that is isolated from the rest of the cups, and if they sink that cup one other cup is also removed from the game 7.5.1 To call "island", the player must name an island (e.g., Easter Island) (57.6%). No repeats.

# TE BOUNCE SHOTS (B5.6%)

**7.6.1** A shot may be bounced off any surface (57.5%) and will count as two cups if sunk (54.3%) **7.6.2** A bounce shot only counts as one cup if there are only two cups left on that side (43.4%) **7.6.3** If a bounce shot is taken, the opposing team may attempt to block the shot (79.2%).

# 17 GERB SHBTS (888%)

**7.7.1** At any point during the game (55.2%) a team may call for a "celebrity shot" where a spectator takes the turn of a player.

# 7.8 TRICK SHOT

**8.1** If a shot misses, the ball can be retrieved from anywhere (78.1%) by either the shooter's team or a bectator (51.9%) for a trick shot.

**7.8.2** What counts as a trick shot is determined by the players and spectators of the game.

**r.8.3** A trick shot may not be blocked by the opposing team, unless it is a table-based bounce shot per rule 76.3 (57.6%).

# 7.9 BITCH CUP (53.7%)

**.21.** The bitch cup is either the middle cup if playing with a ten-cup formation or the front cup if playing vith a six-cup formation.

**9.2** If the first cup a player sinks is the bitch cup, they must play with their pants down until they sink nother cup (regardless of gender) (69.3%). Worth noting that a big proportion of comments for this rule mphasised that it only applied if players were comfortable with it. Consent is key, kings and queens.

empinasised that it only applied if players were comfortable with it. Consent is key, kings and queens. **7.9.3** Bitch cup counts if the cup is sunk due to swatting from the opposition (50.3%) (swatting is only allowed for a bounce shot per rule 7.6.3).

# REALMPTION (971%)

After a team sinks their final cup, the opposing team is able to call for "redemption" (95.1%) where both jers attempt to sink a cup. If the opposing team sinks a cup, both cups sunk on each side remain in the

ומצאים פרנפיווף. נטסוווא פיטוטיוו וויוס סטטטאונג נפפוו ופוואא פיטטא טטנו טעטא אנווא טוו פפטו פוטפו ווויו נו נפשום (19.4%).

2.2 You are not allowed to call for a rearrange during redemption (81.7%).

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From flocks of seagulls to herds of freshers, beautiful North Dunedin boasts a variety of unique flora and fauna - the most abundant and furtive of which can be found in your very own flat. You guessed it: mould. Your whitetoothed suit-wearing landlord only wants you to live amidst the most vibrant of ecosystems. There's arguably no better time to become one with nature (and respiratory infection). Take this guiz to find out which variety of mould you are, and have a closer look at those fungi friends you involuntarily share your flat with.

> **By** Jodie Evans **Illustrated by Mikey Clayton**

#### I. You're craving a midweek adventure, where do you and the flatties head?

a) The beach – campfire and fish 'n chips compulsory

- b) Student Health (flat flu shots)
- c) Up a mountain
- d) Castle for some DBs
- e) Pint Night

#### 2. In the crisp cold of this Ōtepoti autumn, how do you keep warm?

a) Spending the day under your duvet with a cup of tea

**b)** Putting every layer you own on until you start sweating

- c) You call this cold?
- d) A long, hot, and steamy shower
- e) Starting a situationship

## kind of doco do you pick?

a) Something with baby animals

**b)** Doesn't matter, you'll fall asleep halfway through

- c) Adventure sports vlogs on YouTube
- d) A celebrity biopic
- e) Some fucked up true crime

#### 5. Which North D wildlife do you find the most endearing?

4. Which is your preferred

mode of transport to uni?

a) Walking school bus with your

c) Via slackline or some shit

e) An unnecessarily loud ute

a) The friendly spider that lives in your bathroom

- **b)** Campus Watch
- c) The humble trash seagull
- d) Bill and Bill (RIP)
- e) Freshers

friends

**b)** Crawling

d) Roller skates

#### 3. It's flat movie night. What 6. What new hobby are you trying?

- a) Baking bread
- **b)** Embroidery
- c) Naked base jumping
- d) Crochet
- e) Podcasting

#### **Mostly As: Blue Bread** Alternaria **Mould – Penicillium**

What an absolute treasure vou are! You're harmless and give off purely good vibes. Making great food for the flat is your forte. You are, without a doubt, the mum of your friend group and responsible for organising every trip that makes it out of the group chat.

**Pro tip:** Nothing, keep living your best life. And perhaps freeze your bread.

## Mostly Bs: Black Rot -

You take everyone's breath away. Literally – you get everyone sick. Rumour has it that you never recovered from the fresher flu two years ago, causing your immune system to drop out and go to UC. It's not all bad though. Being sick all the time means you have the best binge-worthy Netflix recommendations. Just do everyone a favour and stop coming to the library and coughing everywhere.

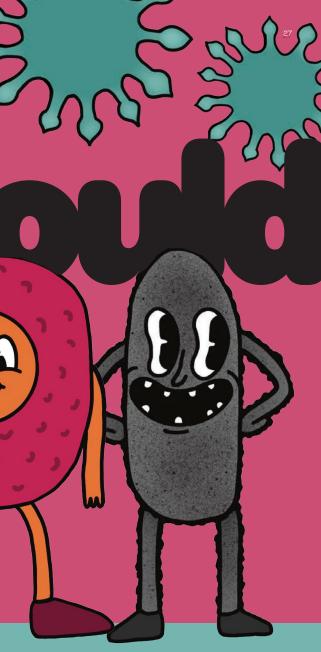
**Pro tip:** Up that vitamin C and invest in an industrial dehumidifier.

#### **Mostly Cs: Green Plant** Mould - Cladosporium

The textbook adventurer, you thrive in the great outdoors. Rarely seen by your flatmates in between getting grubby on earthy escapades, you're near impossible to get a Messenger reply from. You can either be found in a thrifted woollen sweater or completely nude – no in-between.

**Pro tip:** A good shower and a soak with white vinegar.

You're not like other moulds, you're actually a bacteria – more cultured. While your 'everything showers' may rack up the power bill and piss off your flatmates, it pays off. Your look is iconic. But you're not just a pretty face; your persistence and determination to grow and become your best bold self is unmatched.



#### **Mostly Ds: Pink** Shower Mould -Serratia marcescens

**Pro tip:** Suck up to your flatmates and wipe the shower walls with bleach.

#### **Mostly Es: Toxic Black** Mould - Stachybotrys chartarum

Well, it's not good news. You have a habit of showing up where you're not invited and are notoriously hard to get rid of. You most commonly reside in your dank Dunners bedroom with the curtains closed. An expert manipulator, even bleach won't scrub off your narcissism.

**Pro tip:** Therapy and the tenancy tribunal.









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