



Critic

Est. 1925

ISSUE 08

**A CHEEKY
NUDE BIT**

page 18

**FLAMING
GARBAGE**

page 11

**STICKING IT
TO THE MAN**

page 25

GET SET FOR WINTER

GREAT VALUE
\$19⁹⁸

**Number 8
Fan Heater
Upright 2KW**
242358



GREAT VALUE
\$68⁹⁷

**Number 8
Panel Heater
425KW**
279435



GREAT VALUE
\$12⁹⁸

**Number 8
A-Frame Airer**
245465



GREAT VALUE
\$99

**Nouveau
Micathermic
Heater 2KW**
279438



FROM
\$28⁶⁷

**Goldair
Electric Blankets**



GREAT VALUE
\$29⁹⁸

**Number 8
Mini Oil Column
Heater 650W**
279317



GREAT VALUE
\$34⁸⁸

**Number 8
Convactor
Heater 2KW**
279326



GREAT VALUE
\$4⁴⁷

**Elto
Timer 24HR**
103325



GREAT VALUE
\$6⁷⁷

**Damprid Starter
Pack 300GM**
325507



GREAT VALUE
\$6⁹⁹

**Draught Boss
Door Sausage
900mm**
165381



Dunedin

350 Andersons Bay Road
Phone: 455 3344

Opening Hours

Monday - Friday 7:00am-6:00pm
Saturday Sunday & Public Holidays
8:00am-6:00pm



**MITRE 10
MEGA**

DUNEDIN

Facebook find us  [mitre10.co.nz](https://www.mitre10.co.nz)

ARE YOU...

- ✓ **MALE OR FEMALE?**
- ✓ **AGED BETWEEN 18-55 YEARS?**
- ✓ **A NON-SMOKER?**
- ✓ **NOT ON ANY MEDICATION?**
- ✓ **FREE OF MEDICAL CONDITIONS?**

Zenith Technology Corporation LTD
156 Frederick St • PO Box 1777
Dunedin 9054 • New Zealand

All studies are approved by a Health and Disability Ethics Committee administered by the Ministry of Health

**FRIENDLY STAFF
GREAT FOOD
FREE INTERNET**

**IF THIS IS YOU,
CONTACT US!!**



We are seeking volunteers for clinical drug trials to compare market brand-leading drugs with generic formulations of these drugs.

All participants are remunerated for their time and inconvenience.

**CONTACT US NOW TO
REGISTER YOUR INTEREST
AND JOIN OUR DATABASE:**

CALL
0800 89 82 82

E-MAIL
trials@zenithtechnology.co.nz

VISIT
www.zenithtechnology.co.nz



intergen™
AN EMPIRED COMPANY



Presenting graduate
programme on Tuesday
May 3rd at 5.30pm
Room Commerce 2.20

gnome
WHERE YOUR FUTURE IS

Want to join our sunny garden of gnomes?
<http://www.intergen.co.nz/graduates>

Keeping your place warm this winter

Electric heating is best for heating smaller spaces for a short time, or if you want a portable option.

Find the best heater for you

Convactor Heaters

- Create background heat and warm surrounding air.
- Best for well insulated homes with lower ceilings.
- Portable and quiet.

Panel Heaters

- Provide warmth based on the principle of hot air attracting cool air over large panel surface.
- Quiet and fixed wall space saving option.
- Complementary heating with heat pumps.

Micathermic Heaters

- Mix of convection and radiant technology. No glowing parts, making them safe to use.
- Quick heating and portable

Fan Heater

- Are cost effective personal heaters that provide instant heat in small space.
- Quick heating and portable.

How much does it cost to run a heater?

Based on 3 hours per day for 30 day month
with thermostat operating

Heater Size	Average cost per hour	Average cost per month
1000W	.24c	\$16
1500W	.35c	\$24
1800W	.42	\$29
2000W	.47c	\$32
2200W	.52c	\$35
2400W	.56c	\$38

Energy Saving Tips:

Select the right heater for your space - Match wattage output to size of room. Consider high ceilings, floor and window coverings.

Setting the correct temperature - Do not overheat, ideal winter temperature is 16 - 22degC.

Switching off - When heating is not required.

Keeping the heat in - Only heat the rooms you are using, close doors and windows to stop cold drafts.

Encourage natural heat - Leave curtains open during sunlight hours to heat your rooms naturally and draw them at dusk to keep the heat in.

How many Watts are needed to warm a room?

Older non-insulated houses

150 Watts per m2.

Insulated houses

120 Watts per m2.

Come and see your local team at Mitre 10 MEGA Dunedin for more information on how to heat your home.



CONTENTS | ISSUE 08

NEWS & OPINION

- 06 **News In Briefs**
- 08 **News**
- 10 **Campus News**
- 12 **International**
- 14 **Politics**
- 16 **Sports**

FEATURES

NUDITY & RUDITY

After spending some time in a nude sauna in Finland, Kirsty Gorge explores public nudity in New Zealand, asking the big question: Why don't Kiwis get naked more often? P 18

WHAT BECOMES OF THE UNWANTED

Louise Lin went to the Green Island landfill to talk to the people who deal with the waste products most people prefer to ignore P 21

IN DEFENCE OF SELF DEFENCE

Lucy Hunter speaks to feminist self-defense teacher Bell Murphy about the fine line between empowerment and victim blaming P 25



Review

- 31 Film
- 32 Music
- 33 Games
- 34 Technology
- 36 Books
- 38 Art
- 39 Food



Columns

- 16 David Clark
- 32 Something Came Up
- 34 Matters of Debate
- 35 Dear Ethel
- 35 Science Bitches
- 36 Sexcellent
- 37 The Weekly Doubt
- 45 Letters
- 46 Love is Blind



Critic

Issue 08 team includes:

Editorial

Editor HUGH BAIRD

Deputy Editor LUCKY HUNTER

Sub Editor LAURA STARLING

News Editor JOE HIGHAM

Chief Reporter MENRY NAPIER

Design

Technical Editor TRASH MURACHVER

Features Designer HUGH GIDDENS

Section Editors

Books JESSICA THOMPSON

Games CAMPBELL CALVERLEY

Technology ANTHONY MARRIS

Film NITA SULLIVAN

Food KIRSTEN GARCIA

Politics JOEL MACMANUS

Music MILLCENT LOVELOCK

Sport SEAN NUGENT

Contributors

Monique Hodgkinson, James Tregonning,

Andrew Kwiatkowski, Lisa Blakie, Jee

Also, Sally Wilkins, Sam Fraser-Baxter,

George Elliot, Louise Lin, Kirsty Gordge,

Tommy T, Sam McChesney, David Clark

Production

Online Content Manager AMAN JAMWAL

Distribution ROSS NICHOLLS

Advertising Sales

Elaine Byron, Hannah Griffin,

Peter Ramsay

Read Online

critic.co.nz

issuu.com/critic_te_aro

Get in touch

critic@critic.co.nz

lucy@critic.co.nz

facebook.com/critictearohi

[tweet: @critictearohi](https://twitter.com/critictearohi)

03 479 5335

P.O. Box 1436, Dunedin

■ (team)itorial



Hugh was sick (on print day)

HELLO! LUCY THE DEPUTY HERE AGAIN. HUGH told us last night he was scared because his flatmates had diarrhea and vomiting. Sure enough, we got the text at 8am this morning saying he was out of action. We're trying to get this thing together without him. Get well soon Hugh! Everyone else, meet the rest of the Critic team...

My I'm Joe Higham, I am news editor this year. In my opinion, *Critic* is getting better by the week and we will continue to provide the best magazine we can to intrigue and humour you. In my job, I read, write and organise a lot of news, so enough about that. For this issue, I am most looking forward to reading the Green Island Landfill feature.

Hi, I'm Henry and I'm the Chief Reporter for *Critic*. This week I investigated how the closure of a local Hepatitis-C resource will affect its patients. The service helps patients suffering from Hep-C to get in touch with a buyer's club overseas to get cheaper access to medicines. While the Government is bound to follow the law it's signed up to, they need to keep in mind that access to these loopholes is important and if they're not willing to front the bill, then they shouldn't make it any harder for patients to access medicine. Advocating for those without a voice is the primary role of journalists. If you're interested have a read.

Hi I'm Natasha, the but I'm going to introduce you to Ceri Giddens, the Enigma. Ceri out-ranks

me in seniority at *Critic*, she's been designing and illustrating pure magic for the features section since last year. Sometimes I make her step outside the features, like when I need a kangaroo in bikini, or a tinder date illustration. Ceri's favourite bit of *Critic* this week is the title to the nudity feature, Nudity & Rudity. She also has a tattoo about pull quotes hidden on her somewhere.

Hi pals, I'm Ceri but I'm here to talk to you today about Natasha "Trash" Murachver. Trash is the designer of *Critic*. While Trash is vastly my inferior in both rank and in general, I am kind enough to allow her to work relentlessly at making the (beautifully laid out) magazine you're currently holding. She is a creative powerhouse and absurdly talented but these positive traits are unfortunately overshadowed by her resistance to the inclusion of yellow in the magazine. P.S. Trash says props to Henry for his Hep C piece. I don't understand but am supportive.

Hi I'm Laura, the Sub-editor! All three features this week cover very different topics, from nudity to self defense to landfills, and all three are awesome pieces of writing. I love the diversity that student media offers, and it's a great platform for budding writers to learn and get experience. I love writing, and editing, and I'm so excited to be a part of such a fantastic team at *Critic* this year. I hope Hugh stops vomiting soon.

World Watch



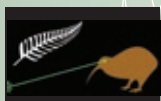
Berlin, Germany

So many people turned up for the opening of a vegan restaurant in Berlin that police intervened to disperse them. Police said that about 300 people thronged the new diner and hundreds more were waiting outside



China

China's media regulator has banned reality television shows from featuring the children of celebrities, leading to the end of one of the country's most popular series. The regulator has said that keeping minors out of the spotlight will allow them to enjoy a normal childhood



New Zealand

The Church of the Flying Spaghetti Monster has staged its first legally recognised wedding. Toby Ricketts and Marianna Fenn tied the 'noodle knot' in Akaroa. The happy couple say that guidelines of the Pastafarian religion stipulate that wedding celebrants must be pirates. New Zealand officials last month designated the religion as an officially recognised faith



Czech Republic

The Czech Republic wants to be known as "Czechia" to make it easier for companies and sports teams to use it on products and clothing. The country will retain its full name but Czechia will become the official short geographic name, as "France" is to "The French Republic." If approved by parliament, the name will be lodged with the United Nations





POPPA'S PIZZA

Big Poppa brings you

**\$7.50 LUNCH PIZZAS
OR WAFFLES**

Over the road from Uni Library, 74 Albany St - Ph: 477 0598



Poppa's - Mmmmm

Japan

A soaring wild boar population is causing havoc on a small Japanese island where hogs now outnumber humans three-to-one. The isle of Kakara is home to a mere 100 people, and 300 boars, but only covers an area of 2.8 square-kilometres. Locals say that the animals are causing extensive damage

Jamaica

On 4/20, the unofficial holiday celebrated by marijuana enthusiasts, Jamaica called for the UN to review the status of cannabis, questioning why the drug is still legally considered as dangerous as heroin under international law. Last year Jamaica revised its national drug law to decriminalise the possession of less than two ounces and created a legal regime to regulate its use by the Rastafari community for religious purposes

Alberta, Canada

Police in Alberta have uncovered a drug called W-18, a synthetic opioid that is 100 times more powerful than fentanyl—and 10,000 times more powerful than morphine. Police seized four kilograms of the substance in powder form, enough to have produced hundreds of millions of W-18 pills. The drug is not currently regulated under Canada's controlled Drug and Substances Act

New York, United States

New York's state's attorney general has opened an investigation into alleged "improprieties" in the state's presidential primary election on Tuesday that prevented people from voting. Attorney General Eric Schneiderman said in a statement that he was "deeply troubled by the volume and consistency of voting irregularities." Schneiderman's office set up a hotline for people experiencing issues at the polls, and he said that his office received "more than one thousand complaints"

FACTS and figures

In Ancient Greece, an adulterous male was sometimes punished by removal of his pubic hair and the insertion of a radish into his rectum

Coca-Cola is green without colouring

Ketchup was sold in the 1830s as **medicine**

Sheep can recognise other **sheep** from pictures

There are 1 million ants for every person in the world

The Apollo 11 only had *20 seconds* of fuel left when it landed

Your brain weighs about 3 pounds. Of that, **60% IS FAT**, making your brain the fattiest organ

Only *5 hours* without oxygen can cause brain damage



NZIFF | **AUTUMN
EVENTS**
NEW ZEALAND
INTERNATIONAL
FILM FESTIVAL
Screening at the Regent 5 – 8 May

GET SWEET LOOT WITH A 2016 ONECARD



ACTIVATE YOURS ONLINE
AT **R1.CO.NZ/ONECARD**



FLASH YOUR 2016 ONECARD AT ANY OF THESE FINE BUSINESSES AND SAVE CASH MONEY!

AMAZON SURF, SKATE & DENIM

10% off full-priced items*

BOWL LINE

2 games of bowling for \$15*

CAPERS CAFE

2 for 1 gourmet pancakes*

COSMIC

10% off all in-store items*

LUMINO THE DENTISTS

\$69 new patient exams and x-rays, plus 10% off further treatments*

NANDO'S

Free regular peri-peri chips with every flame-grilled chicken, wrap, pita or burger*

QUEST

10% off all non-sale items*

STIRLING SPORTS

12.5% off all non-sale items

THE POOLHOUSE CAFE & BAR

\$9 for 1-hour pool table hire*

VOID CLOTHING

10% off all non-sale items

ALTO CAFE

Any two breakfasts for the price of one Monday - Friday, 7am - 11.30am

BEAUTÉ SKIN BAR & BEAUTY CLINIC

\$45 brazilians, \$20 brow shape, \$45 spray tans + 10% off any full price service or product

BENDON

Free wash bag with purchase over \$50*

CRUSTY CORNER

\$5 BLTs, Monday - Friday

ESCAPE

20% off regular-price games*

FILADELFIOS GARDENS

1x medium pizza, 1x fries, and 2x pints of Fillies Draught or fizzy for \$40, Sun-Thurs

FRIDGE FREEZER ICEBOX

15% discount off the regular retail price

GOVERNOR'S CAFE

\$6 for a slice, scone, or muffin and a medium coffee

HALLENSTEIN BROTHERS

20% off full price product in-store

HELL PIZZA

Spend \$20 or more and receive either free wedges, dessert pizza, or a 1.5L drink

LONE STAR

10% discount + Book your 21st with us in 2016 and get \$6 tap beers, house wines and house spirits*

MEGA ZONE

Buy two games of mini golf or laser tag and get a third free

OMBRELLOS KITCHEN & BAR

\$15 Ombrellos Big Breakfast / Big Vege*

PHONE SURGEONS

10% off all phone, tablets & computer repairs

PITA PIT - GEORGE ST

Buy any petita size pita and get upgraded to a regular

PIZZA BELLA

Lunch size pizza & 600ml Coke range for \$10 - or - any waffle and coffee for \$10

POPPI'S PIZZA

Free garlic bread with any regular or large pizza*

RAPUNZEL'S HAIR DESIGN

\$99 for pre-treatment, 1/2 head of foils or global colour, blow wave & H2D finish - or - 20% off cuts

RELOAD JUICE BAR

Buy any small juice, smoothie, or coffee and upsize to a large for free*

ROB ROY DAIRY

Free upgrade to a waffle cone every Monday & Tuesday

SHARING SHED

\$5 off all tertiary-student hair cuts

SUBWAY

Buy any six-inch meal deal & upgrade to a footlong meal deal for free*

TASSE CAFÉ

High Tea for one for \$24*

THE BOG IRISH BAR

\$7 house beer, wine and spirits from 8pm-11pm on Thursdays, \$15 roast of the day on Sundays

THE FORTUNE THEATRE

2-for-1 tickets on Wednesday night performances

THE FRONTRUNNER

15% discount off regular retail price

THISTLE CAFE & BAR

10% discount

VAPOURIUM

2 for 1 coffees

VIVACE KARAOKE BAR

Hire a Karaoke room for an hour and get 30 minutes free

*terms and conditions apply, see r1.co.nz/onecard/ for details

Hep C centre sufferers to lose access to lifesaving drugs

by Henry Napier

THE CLOSURE OF A DUNEDIN HEPATITIS C resource centre may mean local patients will no longer be directed to overseas drug buying clubs to access necessary medicines.

The local centre provides a range of services to patients who have contracted Hepatitis C, including facilitating access to overseas buyer's clubs which provides cheaper generic copies of experimental medicines.

The Ministry of Health has not renewed the contract held by the centre, in favour of funding a centralised approach to managing Hepatitis C throughout the South Island. The South Island Alliance, an organisation comprising of five district health boards, has acquired the contract to manage Hepatitis C.

According to Allison Beck, a peer-based educator for the Dunedin Hepatitis C Resource Centre, the South Island Alliance is unlikely to encourage patients to look overseas in order to buy their medicines, meaning many could be stuck using outdated and ineffective drugs currently supplied in New Zealand.

"In New Zealand is a situation where PHARMAC won't fund the top brand [drugs] and they cannot fund the generic [copies], for legal reasons, so we've got a population heading into end stage liver disease whose only hope is the purchase through the buyer's club."

The South Island Alliance were unavailable to comment on whether they would direct patients towards overseas drug buyer's clubs under their new contract. However, due to the group comprising of district health boards, it is unlikely they would engage in the practice.

For a Hepatitis C sufferer located in New Zealand the only medicine readily available at an affordable price that is currently subsidised through PHARMAC – New Zealand's drug buying mechanism which supplies subsidised medicines to the public health system – are weekly injections of pegylated interferon and a twice-daily tablets of ribavirin.

According to Margaret Fraser, a Clinical Nurse specialist at the Dunedin gastroenterology

department, current treatments of pegylated interferon and ribavirin are "ineffective".

"[Pegylated interferon and ribavirin] have around a 50 percent success rate, and as low as 10 percent in patients who have advanced liver failure. I would say the [treatment] is relatively ineffective."

In the recent years a number of developmental drugs have become available to patients suffering from Hepatitis C; sofosbuvir, lepdispavir or declatasvir have all been clinically proven to be effective against Hepatitis C.

However, the patents for sofosbuvir, lepdispavir, or declatasvir are held by an American biopharmaceutical company called Gilead Sciences, who so far have received negative media attention for the obscene prices of the medicines. The current market price of lepdispavir-sofosbuvir, branded by Gilead Sciences as Harvoni, can cost up to US \$84,000 for a 12 week regime or as much as \$1000 per pill.

PHARMAC does not currently fund sofosbuvir, lepdispavir or declatasvir and were unable to disclose what priority they were on the pharmaceutical schedule, or if they would be funded in the future due to "commercial sensitivity".

However, lepdispavir with sofosbuvir or Harvoni has been reviewed and subsequently recommended for purchase by the Pharmacology and Therapeutics Advisory Committee (PTAC), the official advisory committee to PHARMAC.

The minutes from a May 2015 PTAC meeting shows that the committee does recommend the purchase and supply of Harvoni to urgent cases of Hepatitis C or pre and post liver transplants caused by Hepatitis C.

As many patients are unable to afford the branded versions of the pharmaceuticals, a drug buyer's club operating in Australia has been facilitating supply of generic forms of sofosbuvir, lepdispavir or declatasvir. The buyer's club, managed out of an online general practitioner's office called GP2U, is allowing patients access into markets where patents held by large pharmaceutical companies are not recognised,

allowing the drugs to be deconstructed and remade in a generic form and then sold at a fraction of the original price.

According to Dr James Freeman, founder of GP2U, the purpose was to find a "loophole" which

We've got a population heading into end stage liver disease whose only hope is the purchase through the buyer's club

allowed patients access to the drugs at an affordable price, rather than attempt to lobby Gilead Sciences who is using "monopoly power" to unfairly elevate the price of the drugs.

"In essence we looked at the legal landscape and said Gilead [Sciences] is using monopoly power to demand high prices. Rather than get mad we looked for loopholes to allow patients to get even."

GP2U assists patients who wish to take the medications which so far has proven to be effective against Hepatitis C, according to Dr Freeman.

"The [buyer's] club simply assist the patient in having a medical consultation with a doctor in India, who writes a local script, which is then used to source medications within the licence territory (India) which then conveniently falls into a FedEx box exiting India on the Indian prescription and entering NZ on the New Zealand prescription."

"The Buyers Club does not source any of [the drugs], it simply acts in the role of a guide or agent to assist the patient to source the medications. Splitting hairs perhaps but it is the difference between illegal and legal," says Dr Freeman.

Mental health counselling "pilot" under scrutiny

by Joe Higham

CRITIC HAS OBTAINED information revealing a worrying situation in regard to the University's handling of student's mental health issues.

The counselling "pilot" scheme that the University of Otago has implemented recently has caused concern to some people, due to the restrictions for students accessing counselling sessions in excess of six times.

The scheme was instigated as a result of the discovery that some students were waiting up to four to five weeks to see a Student Health Counsellor, a "situation of concern

for Student Health, students and the University alike."

The specific concerns were outlined too and included "wastefulness of bookings", "time it took to be seen" and even the "potential risk to individuals who required help."

The university also say that the 2016 pilot is intended to create a nimble, stepped care approach to the mental and emotional needs of students. However, one criticism leveled at the scheme is that students might need longer than the six allowed appointments in more serious situations.

The university answered a question in the email Critic obtained, assuring the questioner that "there is no "strict no-exceptions policy" with regards to student counselling services. Where a student's needs exceed the six session limit, a review is undertaken to ascertain how these on-going needs can be met."

"In fact", the university says, "between 60 and 70 percent of student presentations complete their counselling interaction in as few as three sessions."

Currently, there are "13 students on the counselling waiting list" and

the university say they will "have these students allocated to a counsellor within approximately one week." The information also shows the university denying that the counselling services has a high staff turnover, as they state: "We dispute the claim below that the staff turnover here is high. In fact, the opposite [is true]." They value all "staff within Student Health Services and understands the need for flexibility and latitude to meet changing needs."

Otago researchers tripping (over their feet for psychedelic research)

by Sally Wilkins

DUNEDIN ACADEMICS ARE PART OF AN international resurgence into psychedelic drug research within a medicinal context.

"Psychedelics" are a class of drugs characterized by their mind-altering qualities and include LSD, psilocybin (magic mushrooms) and mescaline containing cacti. Harnessing these psychoactive properties has provided promising results indicating therapeutic potential of psychedelics for treating addiction, anxiety, depression and Alzheimer's according to recent studies, two of which took place in Dunedin.

University of Otago Professors, Dr Claudia Grott Zanicotti, Dr David Perez, and Dr Paul Glue, conducted a study into the viability of Ketamine as an antidepressant. Ketamine, traditionally an anesthetic, was administered weekly via weekly intramuscular injections over an eight-month period into a 36-year-old ovarian cancer patient with a history of a major depressive disorder

(MDD). They say treatment was effective and provided "remission of her symptoms."

Another observational study conducted by Otago University Anthropology Professor Dr Geoff Noller looked at the success of Ibogaine in weaning people off opioid addiction. Ibogaine is gazetted under the Medicines Act 2010 and can be administered by registered medical practitioners to patients in their care. Provisional results in 2014 showed that of the 14 patients observed, 11 completed the treatment and five remained opiate free at the end of five months following a single dose.

The enduring stigma following LSD misuse in the 1960s has proved to be the biggest obstacle for research and is partly to blame for the almost 50-year hiatus in psychedelic research. "Because they are generally illegal, it is extremely difficult to express interest in studying these substances," says James Parsons, a member of the student group Students for Sensible Drug Policy Ōtepoti.

Instead, he argues, we need to look at the Dunedin model as showing positive results that have been achieved by operating within the system, and a step towards psychedelics becoming medically available as viable treatments.

"What a post-prohibition society looks like is objectively and rationally looking at the pros and cons of each drug, and saying in a certain setting and a certain use and a certain context they can actually be beneficial."

Students for Sensible Drug Policy Ōtepoti and local practitioners are hosting 'Psychedelic Potluck', a forum encouraging open discussion on psychedelics on Tuesday 24 April at 7pm in the Evison Lounge in the OUSA Clubs and Societies Building. All are welcome to join the conversation; it is asked that a food donation is supplied.

Green Island Landfill fire "under control"

by Joe Higham

A FIRE THAT BROKE OUT AT THE Dunedin City Council's Green Island Landfill has now been extinguished without causing any damage to nearby property.

The initial blaze began in the early hours of Monday morning, before being reported to the Fire Service and the DCC at 3.20am. Council group manager for waste and water Dr Laura McElhone assured Dunedin residents and those in nearby homes that the "fire was

located on the tip face where recent rubbish had been deposited and well away from other ignitable sources."

A video on Stuff.co.nz showed the landfill with a plethora of smoke rising from the surface of one side of the landfill, multiple fire trucks present at the scene, and their gear laid out before the blazing fire.

McElhone continued: "After fire-fighters contained the blaze, landfill staff used diggers to break up the affected pile of rubbish and remove

it to a clay surface. Firefighters are continuing to dampen the affected area [on 18/04/16] to reduce the chances of it reigniting."

The landfill has reopened to the public and rubbish collections are continuing as normal today. "There has been no smoke since around 8am [on Monday last week] and therefore any smoke risk to residents in the area", she concluded.

a plethora of smoke was rising from the surface of the landfill

Smoke-free Octagon effort heats up

by Henry Napier

THE OCTAGON COULD BECOME A smoke free area following support for a proposal to ban the activity from local businesses. Smokefree Otago has surveyed surround Dunedin businesses who recorded 73 percent of businesses wanting to ban smoking.

The proposal comes following a study conducted by the University of Otago and Massey University suggesting that extending smoking bans in outdoor bar areas could curb social smoking.

Social smoking is said to be a unique activity from regular smoking whereby the practice is justified by its limitation to social occasions. As a result alcohol acts as a

stimulant to social smoking, according to the recent study.

The widespread practice of primarily smoking while drinking at bars has been met with contempt from most local citizens, with one Dunedin resident saying he "hates it". The local man who wished to be only named as John said he now avoids taking his kids towards the area as the smoke can pollute the entire area.

"I actually hate it to be honest. One thing I try not to do is take my kids around [to the Octagon] when people start drinking. Usually at about 5pm onwards you start to get the smoke smell wherever you go within the whole area."

"It makes it worse where it's happening because there is family stuff around the Octagon, the movies are there, some good restaurants," says the local resident.

The Government currently has a plan to make New Zealand Smokefree by 2025, which according to the recent study could be assisted by a placing restrictions on social smoking in outdoor areas of bars.

73 percent of businesses wanting to ban smoking

Auckland University on the move

by Henry Napier

AUCKLAND UNIVERSITY ARE relocating. Well, to an extent. They're not setting up shop in Dunedin just yet, but they have decided to sell their Tāmaki Innovation Campus, their campus farthest from the city centre, to a local property investment firm.

The role of the Tāmaki Campus is a bit like Otago's Centre for Innovation – that monster of structural modernity you've probably seen on your recent trip to St Dave's or the Proctor. Our Innovation Centre is the university's crossroads between research and business. It's a similar deal up in Auckland – the Tāmaki campus focus on Health,

Biodiversity Biosecurity Innovation and have many close links with external organisations.

After much deliberation, the university finally decided that the remoteness of the campus was a bit of an issue. It takes a decent amount of time of travel from the three main campuses in the centre of the city to the Tāmaki campus – about 20 minutes by car with good traffic; that's more time than it takes to get to South D's Pak n' Save from our campus! Imagine having to trek out there for the occasional class. According to Vice Chancellor Stuart McCutcheon, "having faculties remote from the

main university campus [meant that] students really struggled to be engaged."

The university are likely to shift the Tāmaki campus staff and students to their new campus in Newmarket which used to be a brewery site owned by Lion. So be prepared to hear some exciting news stories develop in the next few years. Imagine this headline: 'Biosecurity students discover long lost beer recipe' – now that could be innovation!

Auckland may be taking a leaf out of Otago's book – we here in Dunedin pride ourselves on a central campus where nothing is too

far away. It's a one-minute walk from the Central Library to the Law building, three minutes from Central to St David's and five minutes to what we might consider to be a remote campus – the Medical School. You would have to admit that all of this adds to the vibe and culture of Otago – maybe Auckland's just become a bit jealous?

200 dead and 100 abducted in Ethiopian Raids

by Hugh Baird

OVER 200 HUNDRED HAVE BEEN killed and over 100 children kidnapped by armed militants from South-Sudan in a cross border raid into Ethiopia.

Officials from Ethiopia have blamed the South Sudanese Murle tribesman for the deadly attacks which took place within some districts in the Gambela region in Ethiopia's west. The region which is spread across the border of Ethiopia and South Sudan is home to close to 300,000 fleeing refugees from South Sudan.

Ethiopian Prime Minister Hailemariam Desalegn, confirmed

to the public through an announcement on state television that the death toll had increased from an earlier estimate of 140. "The atrocities committed by an armed Murle tribe from South Sudan has claimed the lives of 208."

Desalegn also commented that measures were being taken to rescue those abducted. "The Ethiopian defence force is taking measures against the attackers to free the abducted children without any precondition," he said.

While the Murle tribesmen who are based in eastern Jongeli region, close to the Ethiopian border have

often raided villages to steal cattle and abduct children nothing has been seen on such a large or deadly scale.

However, the gunmen are not believed to have links with South Sudanese government troops or rebel forces who fought the government in Juba in a civil war that ended with a peace deal signed in 2015.

The region is home to close to 300,000 fleeing refugees

Earthquake devastates Ecuador

by Henry Napier

AT LEAST 7,015 PEOPLE HAVE been injured following a 7.8 magnitude earthquake in Ecuador.

The Andean country has recorded up to 570 deaths and over 2,500 injured in the latest estimates from Ecuador's Risk Management Office.

The earthquake struck on the coast of Ecuador, affecting the surrounding coastal towns along the peninsula. The epicentre of the quake fell between the towns of Muisne and Pedernales around midday New Zealand time.

The death toll has steadily risen since first news of the quake, as reports came in from local towns of

Manta, Portoviejo and Pedernales.

The South American nation has responded to the devastating quake with the deployment of 10,000 soldiers and up to 4,600 police officers to manage the unfolding crisis. However, official reports have said the lack of coherent communications and dwindling emergency supplies have meant the operation has met significant challenges.

"The lack of water and communication remains a big problem," says the Ecuadorian Government.

"Many highways are in bad shape, especially in the mountainous area, because it has been

raining recently due to [the] El Niño weather phenomenon."

Further aftershocks following last week's earthquake has also exacerbated relief efforts with 23 small magnitude quakes felt so far. The largest recorded earthquake was recorded as 6.1 which struck off the coast of Ecuador last Thursday New Zealand time.

According to media reports neighbouring Latin American countries have led the international aid effort, however other countries are now beginning to mobilise a coordinated relief effort.

Things not looking so peachy for Rousseff

by Hugh Baird

BRAZIL'S PRESIDENT DILMA ROUSEFF FACES impeachment following claims that she tampered with state funds to hide budget gaps ahead of her 2014 re-election.

Brazil's lower house of Congress voted last Sunday to authorize the senate to open an impeachment trial against Rousseff. The voting ended with 367 of the 513 in the lower house backing impeachment, comfortably beyond the 342 votes that were needed to pass the case on to the senate.

Estimates of how the Senate will vote show that they are likely to follow the lower house and vote to impeach Rousseff. Once the Senate agrees, Rousseff will have to stand down for a period of 180 days while the trial takes place and Vice President Michel Temer will lead.



The case began on December 2 when controversial lower house speaker Eduardo Cunha opened the impeachment saga by accepting a petition from a group of lawyers. The group of lawyers accused President Rousseff of having illegally juggled accounts and taken loans in order to hide the depth of the government's financial shortfalls before her re-election in 2014.

At the same time many politicians are also

involved in a separate scandal linking them to a large embezzlement operation with state run oil company Petrobras.

If the Senate is to launch an impeachment trial it could take place at the same time as the country hosts this year's Olympic games in Rio which could lead to street protests throughout the country, something that could tarnish the games.

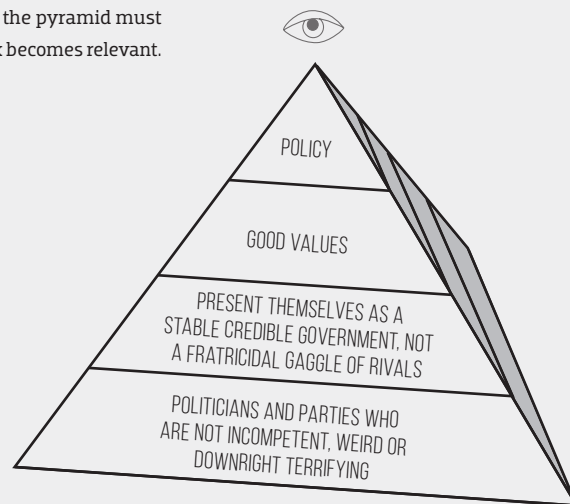
Latest Poll: National Rises, Labour Fails BSNS103

by Joel MacManus

IN THE NEW ONE NEWS-COLMAR BRUNTON POLL, Labour fell by two points to 28% while National rose three to a new high of 50%, and leader Andrew Little took a painful slide in the preferred Prime Minister rankings to 7%, coming in third behind Winston Peters.

In an attempt to explain this, I refer to kiwi political strategist Danyl McLaughlan's Hierarchy of Political Needs, an adaptation of Maslow's Hierarchy that David Bishop drills into all first year commerce students, which offers a theory as to the behaviour of swing voters. The basis of the theory is that the base of the pyramid must be established before the apex becomes relevant.

Maslow's Hierarchy that David Bishop drills into all first year commerce students, offers a theory as to the behaviour of swing voters



THE FATAL FLAW OF ANDREW LITTLE'S leadership thus far has been a failure to sufficiently complete the first two steps before jumping ahead to the top of the pyramid. To Little's credit, he has put a lot of effort into party unity and has (largely) succeeded in stopping internal leaks, and while he could be seen as dull or somewhat bland, it's hard to see anyone categorise him as "weird or downright terrifying".

But no attack on John Key will have any impact until he can convince the voters to see him as a credible alternative – and it takes a lot more than the title of Leader of the Opposition to do that.

When Don Brash took over the struggling National Party in 2003, his resume as a respected former Governor of the Reserve Bank gave him instant credibility to build on. When John Key was given the reigns, he used the anti-smacking Bill as the opportunity to demonstrate his ability by reaching a compromise and standing beside Helen Clark in support of the measure.

Andrew Little could have followed John Key's example by banding together with him on a high profile proposal, for example by getting behind the flag referendum as a chance for the nation

to make a powerful statement about its future. It would have been far more effective in terms of presenting himself as a potential Prime Minister than his actual strategy of taking random potshots at the cost of the project while

National on the other hand, has constantly reiterated the same simple attack line – 'Labour is useless'

never being entirely clear what his position was.

If you look at them within the context of each party's rhetoric over the past few months, these poll numbers make perfect sense. Labour has focused on attacking Key and National on their values, the third level on McLaughlan's Hierarchy: painting the flag change as Key boosting his own ego, suggesting the Nats were selling out

to foreign corporations with the TPP, and now demanding Key release his tax returns in an attempt to link him to the Panama Papers controversy.

National on the other hand, has constantly reiterated the same simple attack line – 'Labour is useless'. They don't need any more than that, they just continue to insist that Labour is incompetent. After Andrew Little's speech at Budget day last year, John Key didn't even attempt to respond to the specifics, he literally just got up and declared it to be "The worst Budget response I've ever heard". They are approaching the battle from the high ground, and if they can stop Labour from reaching their level, they can hold their position to an easy win in 2017.

National may have trouble winning on the 3rd or 4th rung, but that doesn't matter if they can stop Labour from even getting onto the 2nd. And until Labour can do that, they are doomed to wallow in the realm of sub-30% poll numbers.

Alarm bells: What ever happened in Burundi?



Back when the world gave a shit... Both images date over a decade

Left: United Nations Operation in Burundi (ONUB) peacker.
Right: Member of the CNDD-FDD rebel forces surrendering his weapon and ammo to ONUB

by George Elliott

IT IS ALMOST A YEAR SINCE THE SMALL landlocked nation of Burundi, in the African Great Lakes region, burst into the world headlines. Experts and commentators feared a repeat of the 1994 ethnic genocide next door in Rwanda when between half a million and a million people were slaughtered. The current crisis in Burundi erupted in May 2015 when the long-time autocratic president, Pierre Nkurunziza, announced he would run for a third term; a decision at odds with the 2005 constitution. As a result, half of the constitutional court's judges fled the country, a failed coup d'état was launched by dissident generals in the capital, Bujumbura, several cities saw mass protests and, subsequently, Nkurunziza oversaw a systematic crackdown, with hundreds of activists and journalists disappearing, being detained, or even being murdered.

Today the headlines have virtually disappeared, but the political upheaval and ethnic tensions remain. At least 300,000 Burundians have fled to neighbouring countries since May 2015. This year, more than a hundred refugees have crossed the Tanzanian border. Not only does the exodus ruin already poverty-stricken families and further damage the developing country's economy, but it also places massive pressure on the historically fragile nations that border Burundi. Ethnic tensions in the Great Lakes region still linger underneath the fabric of everyday life and governments continue to disseminate dangerous ethnic-based propaganda in an effort to divide and conquer.

Nkurunziza's death squads have followed the refugees across the borders, hunting them down and abducting, torturing and killing them. Survivors say they have no choice but to arm themselves and there are reports of Burundi's opposition parties equipping militias in Tanzania, the Democratic Republic of Congo and Rwanda.

acts such as genocide could rapidly transpire before the international community even considered lifting a finger

The United Nations and human rights groups say nine mass grave sites, suspected to have been used by the Burundi army, have been discovered, and mass rape is being used as a weapon of war.

Poverty, hunger, ethnic cleansing, state-sanctioned mass killings and the militarisation of political groups; these are the ingredients for a horrific civil war, where acts such as genocide could rapidly transpire before the international community even considered lifting a finger.

As the headlines that have dried up, so too have humanitarian aid assistance and the international community's appetite for a multi-lateral political solution, or any solution for that matter. Samantha Power, a former journalist

who covered atrocities during the Yugoslav Wars and the current United States ambassador to the

Maybe Africa doesn't sell?

UN Security Council says Burundi "is going to hell", and will continue to spiral towards full-blown war due to "no contingency planning, no UN presence [and] no dialogue" on the part of the international community.

Why won't world governments act to avoid a repeat of 1994? There's two grim problems: Firstly, as mentioned, most influential news media have stopped paying attention. Social media and the pop-politics clickbait machine are focused on the juicy stories, like the US election-cum-circus or the apparent threat-slash-hype of terrorism in European cities. Maybe Africa doesn't sell?

Secondly, there are no obvious geopolitical rewards in Burundi to outweigh the risks for world powers. Any solution or intervention would simply be too costly (financially and in terms of political clout and popularity) for those nations with the capabilities to help. At the end of the day, a country's foreign policy isn't dictated by liberal values, humanitarian ethics or idealists like Ambassador Power. Instead, policy is motivated by calculations of realpolitik; risk vs. benefit and the almighty 'national interest'. And so, there is a very real possibility of history repeating itself in the Great Lakes region. Alarm bells are ringing: another Rwanda.

Cricketers of the year

by Sean Nugent

New Zealand cricketers Kane Williamson and Suzie Bates have been named the Leading Men's Cricketer in the World and Leading Women's Cricketer in the World by renowned cricketing almanac Wisden.

Williamson became the first New Zealander to receive the honour when it was introduced in 2004. He joins a list of past recipients that include Ricky Ponting, Shane Warne, Kumar Sangakkara, Jacques Kallis, and Muttiah Muralitharan.

The New Zealand captain was also joined by his predecessor Brendon McCullum in a separate list of the 'five cricketers of the year', a Wisden tradition that began in 1889 that names the best players of the calendar year in both international cricket and English domestic cricket.

This year marked the first time that two New Zealanders had been included in the list in the same season. Christchurch-born English all-rounder Ben Stokes was also on the list. Fellow Englishman Jonny Bairstow and Australian captain Steve Smith were the other cricketers of the year.

Before this season, only two New Zealanders had been named a cricketer of the year since the turn of the century (Chris Cairns, 2000; Jeetan Patel, 2015).

In 2015, Williamson had one of the best seasons by a batsman in cricketing history. His 2,692 runs at an average of 65.65 across all three formats, was the third highest aggregate in a calendar year behind Kumar Sangakkara in 2014 (2868 at 53.11) and Ricky Ponting in 2005 (2833 at 56.66).

For Dunedin's own Suzie Bates, the award recognises her consistent world class performances in the women's game. In 14 ODI appearances in 2015 Bates scored 585 runs at an average of 48.75, including a century and four half centuries.

Since breaking into the New Zealand side in 2006, Bates has gone on to be recognised as one of the best players in women's cricket, known



especially for her power-hitting. She holds the record for the highest score by a New Zealand player in ODIs, with a match-winning 168 off 105 balls against Pakistan in the 2009 World Cup semi-final ensuring a place in the final of the competition.

When asked why Bates was given the award, Wisden editor Lawrence Booth said "it needed something special to deny both Meg Lanning and Ellyse Perry this award, and Bates's all-around performances were precisely that." This award is not the first for Bates. In 2013, she was named the ICC Women's ODI Cricketer of the Year.

A talented sportswomen, Bates has also played basketball for New Zealand, and even competed at the 2008 Beijing Olympics. After being named captain of the White Ferns in 2011, she decided to put her basketball days behind her and focus on cricket.

Both Williamson and Bates recently led their respective sides to a semi-final berth in the recent ICC Twenty20 World Cup in India.



Sevens side struggles in Singapore

by Willy Chapman

SINGAPORE HOSTED THE EIGHTH ROUND OF THE World Sevens Series last weekend, with New Zealand struggling to be at their best in an overall disappointing tournament. However despite losing three games, New Zealand coach Sir Gordon Tietjens is looking at the positives as he prepares his side for the Rio Olympics.

New Zealand started the round badly as they fell unexpectedly short in their opening game against France. They went on to qualify for the plate final but were shocked by Samoa who sit six places back from New Zealand in the overall series standings. Tietjens said the tournament was a tough one for his side but he is happy that while a lot of key players were missing, he is still managing to find depth in his squad. Even though at times the young side were exposed, he was happy to give them an opportunity to develop their game. Tietjens was particularly happy with how Sonny Bill Williams played and praised his ability to get better with every opportunity he is given.

The result means that New Zealand drops back into third place on the series ladder, as the gap between first placed Fiji widens to 12 points. There are still two rounds left to play and Tietjens has not ruled out another series title. However he has conceded that preparation for the Rio Olympics is still a priority. With players coming back from injury and from Super Rugby, the last two rounds of the series will be a vital training run for the team as they prepare for the fast approaching Olympics.

The latest round in Singapore has shown exactly why no country can be written off, as Kenya took away the win in a stunning 30-7 victory against series leaders Fiji. The unpredictable nature of sevens rugby will be at the forefront of the New Zealand sides mind as they know they will have to be at the top of their game to bring home the gold medal in August.

Barcelona slide blows La Liga race wide open

by Sean Nugent

BARCELONA SUFFERED THEIR THIRD STRAIGHT LEAGUE DEFEAT ON MONDAY, ALLOWING Atletico Madrid to move level on points with four games to go. Not only has Barcelona's lean run seen Atletico catch them, but bitter rivals Real Madrid have also narrowed the gap to just one point. With such a thrilling finale in the making, we decided to break down the three teams and their chances of winning the title this season.

FIRST:



Barcelona

Remaining fixtures: Sporting (H), Betis (A), Espanyol (H), Granada (A)

Despite suffering their third consecutive league defeat for the first time since 2003, Barcelona should still feel like they will be able to win their remaining games to close out the season. Coach Luis Enrique remained upbeat following their 2-1 defeat to Valencia. "We've got a marvellous challenge, if we win the five remaining games we will be champions." Recovery time between games will become important for Barcelona, who have shown signs of fatigue recently, but will be able to gain more rest now that they have been knocked out of the Champions League. In all honesty Barcelona should ease through these remaining games. They may have had a poor run of late, but they're still favourites for the title.

SECOND:



Atletico Madrid

Remaining fixtures: Malaga (H), Rayo (H), Levante (A), Celta Vigo (H)

Atletico have lost only once at home this season, to Barcelona, which would make one think that nine of the 15 points available are pretty much guaranteed. However, the next two weeks are extremely busy for Atletico, with five games over the fourteen day stretch. Due to this congestion, it's likely that they won't field their strongest team for the league games against Malaga, Rayo, and Levante. It probably won't become an issue but Diego Simeone will be wary about the possibility of sacrificing the league for the Champions League, a competition they are unlikely to win despite being in the semi-finals. Also, even if Atletico do win all their remaining fixtures, they will still be behind Barcelona on goal difference if the Catalans do the same. Having waited patiently all season for their time to strike, Atletico will be hoping for another hiccup from the other two contenders.

THIRD:



Real Madrid

Remaining fixtures: Rayo (A), Real Sociedad (A), Valencia (H), Deportivo (A)

Real Madrid definitely have the toughest draw leading into the back end of the campaign. They will need to win all four games to have any kind of shot at the title, and with two Champions League semi-final legs in-between. It could be a step too far for Real Madrid. Their most important match will most likely be the trip to Real Sociedad, a team that beat Madrid in the same fixture last season, and hasn't lost to Barcelona at home since 2007. Madrid will need to pick up all three points there if they are to remain in the contest. But even with the tough draw, they are still only one point behind both Atletico and Barcelona, and will be ready to pounce if both teams slip up on the home stretch.

CONFIDENCE - NATURALLY

sub²⁴

sub²⁴

DETOXIFYING

LOVES *sensitive* SKIN

CHOOSE BEAUTIFUL SKIN, CHOOSE NATURAL, CHOOSE Sub24

FACE + PURIFYING FACE CREAM

sub²⁴



AVAILABLE FROM LIFE PHARMACY, ROSLYN PHARMACY, TASTE NATURE

www.sub24.nz



NUDITY & RUDITY

*After spending some time in a nude sauna in Finland, **Kirsty Gordge** explores public nudity in New Zealand, asking the big question: Why don't Kiwis get naked more often?*

Boobs: perky, droopy, and wrinkled. Nipples: dark, pink and small. Bums: tight, big, and saggy. Hair: thick, black and styled. I saw all this and more when I entered the public sauna in Finland for the first time...

My friend took her clothes off. I had not seen her naked before; I took this as a sign that I was to do the same. I reluctantly removed my swimwear, and self-consciously walked to the showers to rinse. Everyone had been staring at me, and I soon realised it was because I was still wearing my togs. Now that I was naked, no one looked twice. I stood in the showers, no more than a metre away from a naked Asian lady. My friend signaled we were done with the rinsing ritual, and I moved to pick up my towel, not to cover myself, just to bring it into the steam room and sit on it.

We entered and I sat next to a large lady with big nipples. I battled with the desire to simultaneously look and look away, resulting in an awkward 'hi' when greeted by her. The steam hid our bodies a little and I tried to relax. We were experiencing a cultural contradiction: I could not understand her comfort with the situation and she could not understand my awkwardness.

By the time we got to the dry sauna, I was finally feeling comfortable with my nakedness, and even managed to talk to a stranger. Walking around in shameless nudity became fun, I walked tall and with pride. I could get used to it, I could move to Finland and walk around nude at the sauna complex all the time! I reigned in my imagination as I got carried away thinking about how fantastic the freedom of being in one's skin was...

Months later, I found that the OUSA sauna here in Dunedin was completely different. I felt genuinely uncomfortable in my togs. However, I knew if I suggested we all removed our clothes I would be shot down with glares or sarcastic laughs. The kiwis I was with were clearly not comfortable with public nudity. I thought back

to when I was reluctant to remove my clothes and remembered that my heart was in my mouth for fear of it all being a practical joke aimed at me. I definitely understood the desire to wear togs... But wanted to spread the feeling of liberation by taking them off!

It became clear to me that the cultural gap between Scandinavia and New Zealand involved more than just language barriers and climate. It involved our social acceptance of public nudity.

Certain beaches here in the Land of the Long White Cloud allow people to sunbathe nude. Skin-comfortable people are relegated to their own little crook of sand out of the way of the general public. However, in other parts of the world the absence of togs on a beach is welcome. Close to home is Bondi Beach in Australia, where you might find a few stray tits on display, something that might make you double-take. Spain will also have a similar effect; although you might be the odd one out if you don't remove your layers (Don't forget sunblock - sunburned nipples are not a desirable souvenir).

I BATTLED WITH THE DESIRE TO SIMULTANEOUSLY LOOK AND LOOK AWAY

However, public nudity is not purely reserved for beaches. Topless waitresses earn extra money by presenting their breasts for people to drool into their beer over.

Aimee Burns-Mawson, an Otago student, spent a summer working in the Albion pub in Singleton, New South Wales as a (fully-clothed) waitress. She was surprised when she saw the first shift of topless girls, unaware this was common in Australia and practiced at her new workplace. To start with, she was not very confident working

alongside naked breasts as she "didn't know where to look or what to do" and at 19 hadn't really been on the pub scene much. But seeing nipples is something you can get used to, and Aimee's perception of topless waitressing changed over time.

She talked to the waitresses and learned their names, "which very few people seemed to do." She discovered that topless waitressing "is about confidence and feeling truly comfortable in your own skin". Many said it's a part of who they are. Aimee became so used to it that a nude breast wouldn't warrant a double-take now that she is accustomed to seeing women walk around topless.

Most people do get used to all the exposed skin. Someone who is initially quite bothered by people without clothes on in public can adjust over time. It is mainly the rarity of the incidents that make us gasp. Surely if the naked body was the norm, we'd think nothing of it.

Do you avert your eyes when you see your flat mate wrapped in a fluffy towel, breezing into the kitchen to get some clean undies off the airer? Do you feel odd if someone walks into the kitchen in the morning just in a t-shirt and undies? A *Critic* Facebook survey indicated that the Otago students who answered were totally okay with (or even very keen for) flat nudity. Some of you cheeky thangs drink milk from the bottle in naught but socks, run to the loo in the night completely starkers, or just stride around freely all hours of the day (though perhaps not when

WALKING AROUND IN SHAMELESS NUDITY BECAME FUN. I WALKED TALL AND WITH PRIDE.

guests are present). The confines of your own home tends to make nudity okay. But would you ever put the rubbish out with no clothing on your body whatsoever? Would you pop round next door to ask for some milk without stopping to put a t-shirt on first?

Getting naked in public is not actually illegal in New Zealand. This has resulted in some amusing incidents. Because there is no law prohibiting it, the police often go to the Summary Offences Act 1981 and consider:

S27 Obscene/Indecent Exposure—If a person intentionally and obscenely exposes any part of their genitals. The person can be let off if they prove they had reasonable grounds for believing that they would not be observed.

S4 Offensive Behaviour—If a person behaves in an offensive or disorderly manner in a public place, or acts in a way intended to threaten, alarm, insult, or offend someone.

S4 Disorderly Behaviour—when someone behaves, encourages someone else to behave, in a riotous, offensive, threatening, insulting, or disorderly manner that is likely in the circumstances to cause violence against persons or property to start or continue.

In the '90s, a man in Whangarei painted the exterior walls of his house with all his tools on display, causing neighbours to call the police. He hadn't done anything outside of his rights and no legal action was taken. Steven Preister was a child-welfare expert who got nude from the waist down while at a hotel and drunkenly chased four teenage girls back to their room. He pleaded guilty to disturbing the peace with his piece; they couldn't convict him for having his meat and two veg on show. In Timaru last year, a nude cyclist was ticketed by police – not for showing his helmet, but for not wearing his helmet. Acting Senior Sergeant Ian Temple from the Southern District Command Centre here in Dunedin comments that public nudity doesn't prove a problem for the police in Dunedin, adding that it's far too cold for people to put their gibles on show.

But still, despite the legality of public nudity in New Zealand, the average person puts clothes on before doing anything remotely public. Like testicles in cold water, most people would shrink away from the idea of their neighbour peering upon their wobbly bits.

"Naturism" is a term used to describe the culture of practising, advocating, and defending public nudity. You can go to naturist facilities around the world, situated at private residences, clubs and resorts, swimming pools and hot springs, and rented facilities. There are clubs you can join in order to meet with other people and share the sensation of being naked in public, and they're not necessarily all about orgies. Naturism is also associated with a healthy lifestyle, ecological or environmental rapport with the natural world, equality, liberty, pedagogy, and spirituality. It can lead to a teetotal, vegetarian, or vegan lifestyle. It's amazing what can happen to your mind if you take your clothes off and let your body rule.

For members, being a naturalist means you are in touch with your nature and self-respect – as well as being comfortable with wearing no clothes for extended periods of time.

"The Orchard Sun" is one such club in Dunedin that celebrates public nudity. Situated around Middelmarsh, the club members meet frequently to enjoy many activities together. These include swims in the "lovely warm Physio pool", inter-club sports including "blind tent erecting" (that must be a euphemism), themed dinners, and a salt-lake picnic. All activities are performed in the nude. You might just come across such club nakedly venturing through the quiet bush of Dunedin.

When one makes their way down a tricky path to the shores of a nude beach, it's safe to assume they were seeking it out. However, when nudity is sprung upon you like a topless waitress at a bar you've never been to before, or your neighbor enjoying a bit of sun on his bollocks while he paints the house, you might be a little more uncomfortable.

Public nudity is not illegal in New Zealand, but it's certainly not socially acceptable. Why? It's not like we haven't seen it all before!

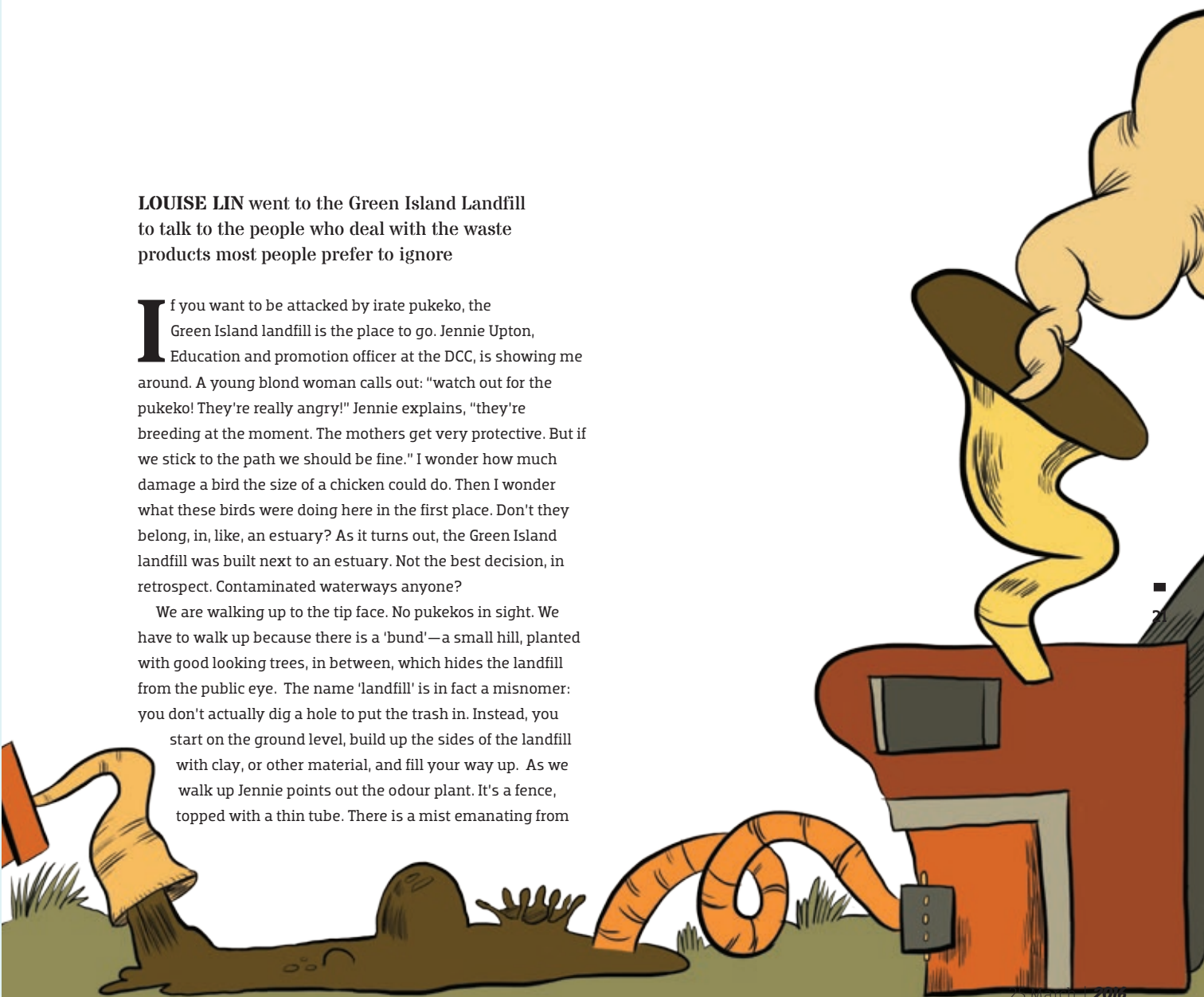


What becomes of the Unwanted

LOUISE LIN went to the Green Island Landfill to talk to the people who deal with the waste products most people prefer to ignore

If you want to be attacked by irate pukeko, the Green Island landfill is the place to go. Jennie Upton, Education and promotion officer at the DCC, is showing me around. A young blond woman calls out: "watch out for the pukeko! They're really angry!" Jennie explains, "they're breeding at the moment. The mothers get very protective. But if we stick to the path we should be fine." I wonder how much damage a bird the size of a chicken could do. Then I wonder what these birds were doing here in the first place. Don't they belong, in, like, an estuary? As it turns out, the Green Island landfill was built next to an estuary. Not the best decision, in retrospect. Contaminated waterways anyone?

We are walking up to the tip face. No pukekos in sight. We have to walk up because there is a 'bund'—a small hill, planted with good looking trees, in between, which hides the landfill from the public eye. The name 'landfill' is in fact a misnomer: you don't actually dig a hole to put the trash in. Instead, you start on the ground level, build up the sides of the landfill with clay, or other material, and fill your way up. As we walk up Jennie points out the odour plant. It's a fence, topped with a thin tube. There is a mist emanating from



small holes in the tube, drifting out like a smoke machine at a stage play. "When the wind blows in the direction of town, the smell of the landfill is blown through the mist. The mist smells of lavender. It stops the smell of the landfill reaching the town."

Yes, we make great efforts to keep our landfill from offending the eyes and noses of the public. We like to make trash as invisible as possible, sequestered in bins, taken away in mysterious trucks. Rubbish is the detritus from our lives, the stuff that's left at the end of the day when we've gone to bed happy and satisfied. Its very nature is distasteful; we throw out what we want gone, after all. It also has the power to contaminate (not always physically) all that comes into contact with it. Last week, I had been hanging around the transfer station watching people throw things out. I ended up chatting to a lady who was throwing away old doors—"there are a lot of pukeko in the area" I mentioned. She said "There must be a swamp nearby.... It makes me like them a little less, knowing they eat rubbish." How does this stigma towards rubbish affect those who work in the waste disposal industry? At Mt. Cooe Landfill, I saw the insides of a rubbish collection truck. They were clean - shiny clean. "We eat our lunch in here" Graham the truck driver explained.

As we are walking past the transfer station, we see a guy dumping all manner of potentially useful items, including, amongst other things, a bathtub, into the landfill transfer. I am gobsmacked. Jennie mutters under her breath. "This is a common sight" she tells me. She calls out with a laugh: "I hope there's no use for that stuff anymore!" the guy laughs sheepishly, and drove off, presumably to the recycling centre (or to place a complaint). "Pure laziness" snorts Jennie.

In our profligate consumerism, we have become indolent and wasteful, a 'throwaway society', says historian Susan Strasser. She argues that we have gone from a society where virtually everything is mended and reused—she digs up

The mist smells of lavender. It stops the smell of the landfill reaching the town

old household manuals which advise mending china with egg-white, making shirts out of flour-bags—to the society of today, chucking out old bathtubs and doors on a whim.

As Jennie and I walked up to the landfill, we pass a steam-punky copper canister emitting a heatwave of shimmery air. I enquired. It's a gas flare. Landfills produce methane, as the organic matter within is anaerobically digested. Methane is a potent greenhouse gas, and out of concern for the environment (or the Emissions Trading System) we are collecting it up, in big black pipes running through the landfill like veins. We use it to power the water treatment plant next door, a system which we started building

in July 2007. But not today: something must be broken, because the copper canister is burning the collected methane into CO₂. "I've never seen it do that before" notes Jennie. She grows pensive at the sight. "This is what we've created."

The landfill is a visible presence from the transfer station, despite the barrier of the bund. A cloud of seagulls augur its presence. When we climb to the top, the cloud becomes a swarm, ballooning off a surprisingly tiny pile of bright colour. There are enough seagulls to fly the Giant Peach, but that rubbish really didn't look like the conglomerated refuse of the entire Dunedin population. After all, we threw out 10,220 tons in domestic rubbish alone in the year of 2014. Jennie enlightens me: they cover the old stuff over with dirt every day, to contain the trash and odours, and to keep the rodent and gull population under control. (If this is controlled, I'd hate to see it out of control!) We do not walk along the landfill, due to the pukeko risk. I follow Jennie back down.

The Landfill is like a Human Body

I am sitting in a car with Dave and Megan. Dave is the environmental engineer of Delta, the company that manages Green Island and Mt. Cooe landfills, amongst other things. Dave wants to give me a sound bite for my assignment—this is what he tells the little kids when he takes them on landfill tours.



"The landfill is like a human body" he declares. "You take in the waste, like your McDonald's or KFC, and you wash it down with milk or water—that's the rain. It's anaerobically digested: just like in your stomach. Leachate comes out, like urine. And the gas produced, methane and CO2: farts."

"What about poop?" I ask. He gives me an enquiring glance. "You know, if the landfill is a human, what's the landfill equivalent of poop?" I don't think this was the line of enquiry I was supposed to take. "The stuff in the ground. You stick the waste in the ground and it breaks down."

"What does it look like?" I ask, curious.

"Well, we don't tend to dig it up again."

Dave shows me the sludge pits

Crushing Rubbish —Mt Cooee

It is a grey, chilly afternoon, and I am at Mt. Cooee Landfill, Clutha Country, talking to Tina, the resident compactor driver. A compactor is a curious, and slightly intimidating machine. It looks like a giant tractor, but instead of tyres it's got these giant metal wheels with great big spikes on the end, and a front grating to push the debris around with. Its function is to (you guessed it!) compact rubbish: it rolls over and over the tip face, squishing down the rubbish as small as possible. Landfill airspace is valuable, at \$130 a cubic meter, and the more you squish now, the less it sinks later. Since landfills are usually converted to recreation areas after they're closed, this is a good thing—you don't want your children's playground to gradually submerge into a morass of decomposing litter.

Tina, who is driving the compactor, greets me with a vibrant smile. "Today we've got household rubbish, which is nice and small, compacts down very easily" says Tina. "When you compact, it's like you're sculpting with clay. You've really got to know how to shape it, to give it the best possible shape. When you get something big, like a tree stump, what you do, is you build up around it with plenty of the small stuff, to smooth it out. It's an art form."

Mt. Cooee doesn't look quite like a mountain. It is more like a desert, with sand dunes of detritus, and in the middle, a child's sand-pit, 'sculpted' by the compactor. The 'sand' is bright, synthetic colours, an incongruous medley of the strange and the familiar. Shredded plastic bags, empty cans, tyres, a blue blanket with football patterns is all chomped into the compactor. A Mountain Dew bottle, half full, is caught in the grating, its contents shaking around as she drives. She rolls

back and forth, up and down. The effect is strangely meditative.

As I leave, I remember that I had planned to ask Tina if she minded the smell. But I realise: the very fact that I had forgotten to ask shows how unobtrusive the smell was. It was ripe and

foetid, but soft, and it faded into the background.

A landfill doesn't just dispose of solid waste. The soupy stuff from wastewater treatment—sludge, it's called—is also treated and disposed of. Dave shows me the sludge pits, pools of shimmering brown liquid. He tosses a pebble in—gloop—it's a long time before it hits the bottom.

Bubbles of methane rise to the surface and pop. The dehydrated sludge is scooped out and sits to the side of each pit: a Seuss inspired mini-mountain. "Disgusting, isn't it," says Dave. It is surreal.

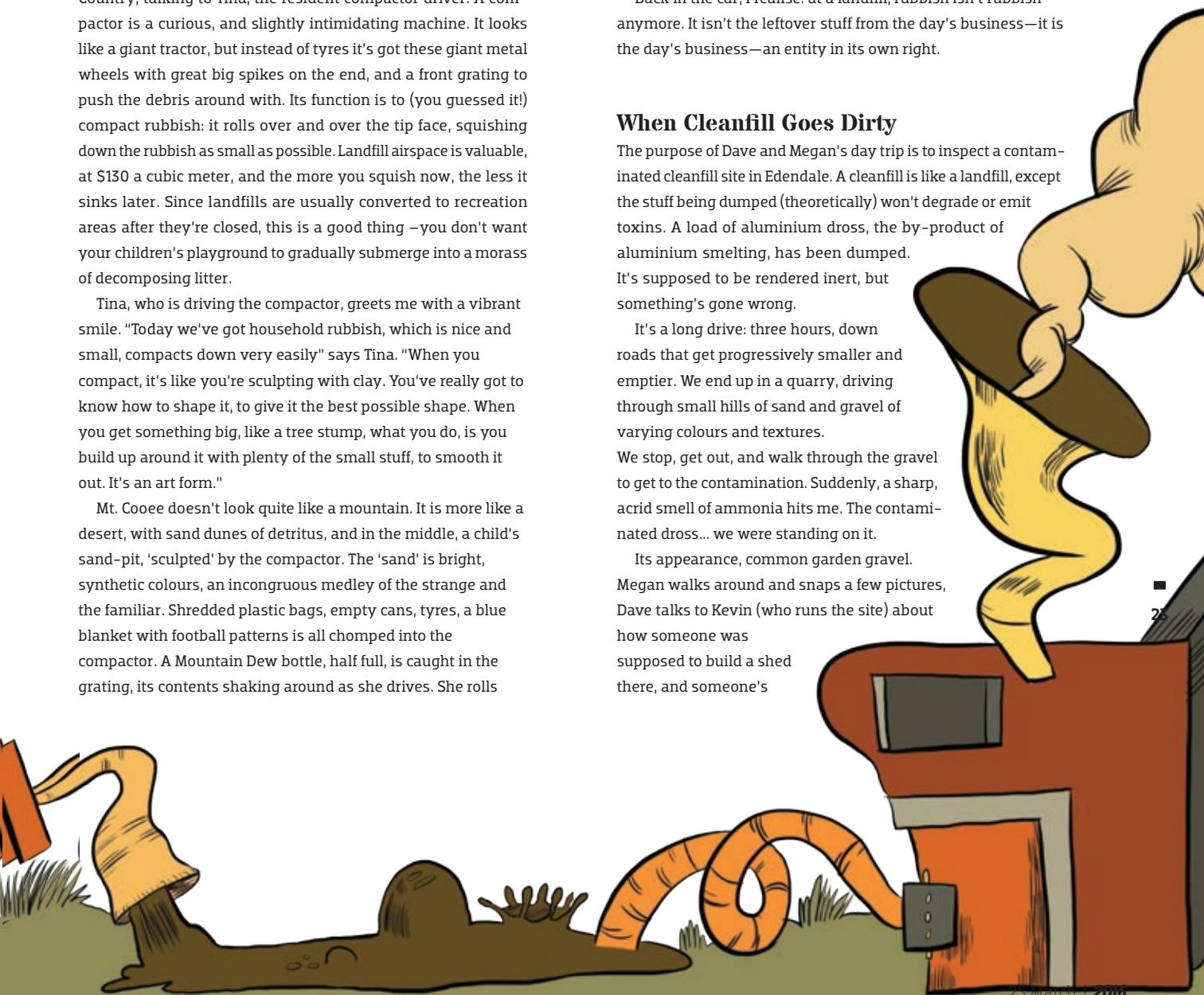
Back in the car, I realise: at a landfill, rubbish isn't rubbish anymore. It isn't the leftover stuff from the day's business—it is the day's business—an entity in its own right.

When Cleanfill Goes Dirty

The purpose of Dave and Megan's day trip is to inspect a contaminated cleanfill site in Edendale. A cleanfill is like a landfill, except the stuff being dumped (theoretically) won't degrade or emit toxins. A load of aluminium dross, the by-product of aluminium smelting, has been dumped. It's supposed to be rendered inert, but something's gone wrong.

It's a long drive: three hours, down roads that get progressively smaller and emptier. We end up in a quarry, driving through small hills of sand and gravel of varying colours and textures. We stop, get out, and walk through the gravel to get to the contamination. Suddenly, a sharp, acrid smell of ammonia hits me. The contaminated dross... we were standing on it.

Its appearance, common garden gravel. Megan walks around and snaps a few pictures, Dave talks to Kevin (who runs the site) about how someone was supposed to build a shed there, and someone's



made some mistake, someone else made another mistake, etcetera. They plan to mix it with concrete, because that's how you render volatile substances inert, then cart the whole lot to the nearest landfill. We drive off. Three hours there, three hours back, all to smell some gravel. But this gravel's doing bad stuff to the atmosphere, and will take a real bucketload of money to sort out.

Dunedin has no cleanfill monitoring system in place. If something like this were to happen here, no one would be liable.

People throw out weird things. Smelly gravel isn't the worst of it. I asked Dave what the weirdest thing he had seen someone throw out was. "Once there was a guy who came in really distraught because someone had thrown out his comic book collection." He thought for a while. "It was antique comic books, though so I guess that was understandable. Another time someone had thrown out pens... boxes and boxes of biro pens. All unused and unopened."

Zero Waste

Dunedin is a Zero Waste city. What that means is that the council's vision is of a Dunedin where there is no rubbish going into the landfills, nothing dumped in the sea, no gases going into the atmosphere. As you might have guessed, this is more of an ideal to aspire to than a practical target. The projected fill volumes for Green Island landfill are on the rise. The council is looking at implementing inner-city organic waste collection, but the cost, and the lack of market for the resulting compost are significant barriers. We don't seem set on giving up plastic packaging anytime soon – aside from convenience, there are health and safety regulations that necessitate the packaging of food in plastic.

What now?

The future of Dunedin landfills is uncertain. The resource consent for Green Island landfill is due to expire in 2023. If the resource

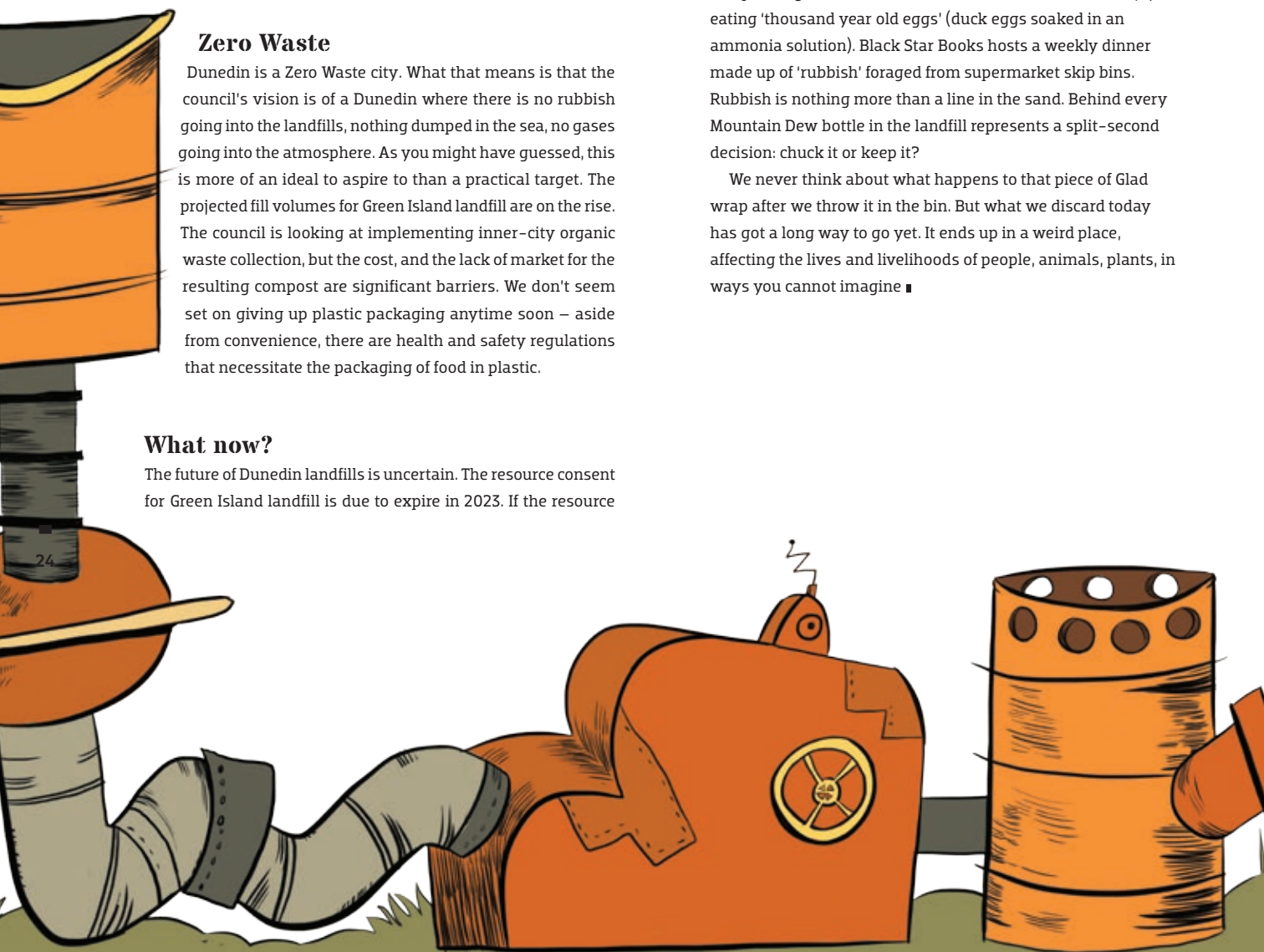
consent is not renewed, it will be the end of a long piece of history. Green Island has been around since 1957—it was built on an old aerodrome site, after the Domain tip at St. Kilda was too full to accept trade wastes. The Council has purchased a piece of land in Smooth Hill, near Otokia, as a proposed landfill site, for the day Green Island closes.

By most accounts, rubbish is bad, and in need of minimisation. It's harmful to the environment: decomposing organics emit methane, a powerful greenhouse gas, cleaning and cosmetic products leach heavy metals and toxins into waterways, and small plastic particles choke birdlife.

In addition, it looks ugly, and smells bad. But is rubbish always foul? In *American Beauty*, a drifting plastic bag is beautiful. The same lady who had lowered her opinion of pukeko after seeing them eat trash spoke with fondness about the beautiful glass medicine bottles she found in an old long drop. After all, as anthropologist Mary Douglas points out, dirt is 'matter out of place'. Even though I was complaining about the smell of ammonia earlier, I still enjoy eating 'thousand year old eggs' (duck eggs soaked in an ammonia solution). Black Star Books hosts a weekly dinner made up of 'rubbish' foraged from supermarket skip bins. Rubbish is nothing more than a line in the sand. Behind every Mountain Dew bottle in the landfill represents a split-second decision: chuck it or keep it?

We never think about what happens to that piece of Glad wrap after we throw it in the bin. But what we discard today has got a long way to go yet. It ends up in a weird place, affecting the lives and livelihoods of people, animals, plants, in ways you cannot imagine ■

There are enough seagulls to fly the Giant Peach



IN DEFENCE OF SELF-DEFENCE

BY LUCY HUNTER

A piece of advice for all you female-identified people – get good at yelling. You don't have to be 'ladylike' if someone is disrespecting your boundaries. You have a right to get mad! Unleash the beast and yell from your belly like a frickin' dragon.

IN THE DEBATE OVER HOW TO REDUCE sexual assault on university campuses, proposing self-defence classes for women is controversial. One in four women report being sexually assaulted during their time as students and 99 percent of sexual assaults are committed by men (Dickson and Wood, 2013). Is putting the onus on women to learn to defend themselves against potential attackers just another way of victim-blaming in a society already drenched in rape-culture myths? Expecting a woman to be able to fend off an attacker with a well-timed kick in the balls focuses on the behaviour of the potential victim rather than the attackers, right? Women aren't the problem, so why is changing their behaviour the solution?

I spoke to women's self-defence teacher (and graduate student in Gender Studies) Bell Murphy about the potential contradiction in teaching her courses. Feminist self-defence courses actively challenge victim blaming and myths about women being the 'weaker sex'. They also address the psychological barriers to resistance that women face, especially when an attacker is someone she knows. Rather than giving lots of advice about precautions they should take, the courses focus on cultivating confidence,

assertiveness, proactive moxy and a sense of entitlement to fight back which increases freedom, rather than limiting it. And it works. Women who take self-defence courses not only report less completed assaults, but, amazingly, also less attempted assaults. A large Canadian study of a rape resistance programme has recently shown that teaching women self-defence is still the best way to reduce sexual assaults on campuses, particularly when grounded in a feminist analysis of gender and power. Independent research released this month on similar self defence programmes for women and girls in Aotearoa echoes these findings (Jordan & Mossman, 2016).

A lot of advice given to women around rape is a list of things to avoid doing in the hope that a man won't decide to rape you. Bell points out how, although well meaning, this kind of advice bolsters the myth that women are inherently vulnerable and men are invincible. There's often a gap in advice around what to do once an assault

has begun. Some people believe that teaching women self-defence is dangerous. They worry that women will become overconfident in their ability to defend themselves against a male attacker, leading to reckless behaviour. Bell says: "There is no evidence that this is true. Self defence helps to correct a lack of confidence.

Shouldn't we be stopping the rapists from raping rather than telling women to alter their behaviour to avoid being raped?

Women are much stronger and more capable than we are taught to believe."

Although men tend to gain upper body strength more easily than women, women's bodies can be really powerful agents of violence if and when they're needed to be. "We just don't get as much time and encouragement to practice that stuff

- You could have a hundred drunk young women in mini-skirts passed out all around the city, and not a single one of them would get raped —**unless a rapist came along.**



26

as men do. Physical self defence is not about a competition of strength anyway. Each person's body is an interesting mix of vulnerable points and potential weapons. It's about knowing ways to cause pain quickly and thinking what's vulnerable on their body, and what's free on mine? and connecting the two things. It's about doing whatever it takes to stop an attack and refusing to give up." Bell has heard many accounts of young girls who have successfully defended themselves against fully grown male attackers by being determined, using their voices and

targeting "vulnerable points." Knowledge of self-defence techniques is not the same as carrying a tin of mace or having an escort walk you home. It is a set of skills you have within you all the time. This can help overcome fear – it is empowering.

Bell believes self-defence techniques can help women recognise disrespectful behaviour from men more quickly and to know how to deal with it more easily. She also knows full well how this can be taken the wrong way: "Talking about this

stuff I always feel like I'm walking on this knife-edge between victim blaming and empowerment. It's a slippery slope, because the flipside of saying 'here's a bunch of stuff you can do to stay safe' could be to say that women who don't do these things are inviting assault which is obviously not true." Bell remembers an example from her undergrad days in Gender studies at Otago given by Dr. Rebecca Stringer: "You could have a hundred drunk young women in mini-skirts passed out all around the city, and not a single one of them would get raped unless a

rapist came along." It's obvious, but somehow striking because we get so distracted by constantly thinking about what a woman could have done to avoid being assaulted.

Bell takes a stance for female empowerment and against victim-blaming as a basis of her courses. "The courses aren't just about physical violence", she says. "To me the physical techniques are awesome and really important to know, but they're not actually the thing with the most transformative potential for social change.

It's about knowing ways to cause pain quickly and thinking what's vulnerable on their body —and what's free on mine?

It's the conversations: seeing that our personal experiences are part of wider patterns of gender and power; busting myths about rape-culture; and talking about social dynamics, including why it can be so hard sometimes to recognise when unhealthy or abusive dynamics are creeping up in a relationship and how to deal with that."

Feminist self-defence also includes techniques to deal with situations that require firm, assertive responses without actual bodily contact. "The need to break someone's kneecap doesn't come up frequently (thankfully, hopefully) for most of us. So if I were at a party and some guy said "hey baby, nice ass" I would use my voice and body language to put him in his place first, I wouldn't break his knees. That's something I'd use if I felt physically threatened and needed to make sure I could get away. Our first line of defence is our instincts which tell us if a situation is threatening or not, followed by our minds-- knowing we deserve respect and have the right to demand it - then our voices which we can use to articulate our desires (not just what we don't want but also what we do!); and finally our bodies which we

can use to fight if we need to." Bell doesn't tell people what is and isn't appropriate, but teaches about having choices and the confidence to use them. "We have the ability to judge for ourselves how serious or threatening a situation is and respond appropriately."

Bell works with girls and women to develop strategies to deal with the less serious but more common scenarios where men can make women feel unsafe – the guy standing too close to you at a party or cornering you so that you talk to

him, the masseur "accidentally" touching a body part you weren't expecting him to, the man saying sexually charged or sexist jokes at work, the guy you are making out with who starts getting pushy, the needy ex, the cat-caller, the gropey dancer, the starrer, the follower...

What can be done? These situations are all part of the environment that allows rape-culture to survive. Bell says

rape-culture is so pervasive as to be "the air we breathe and the water we swim in socially and politically – it's all around us – it's not something the University is creating, but unless you as an institution are actively working to dismantle it, then of course you will have a rape-culture on campus." Sexual assault is a difficult problem to make disappear requiring complex efforts on many fronts including support for survivors and primary prevention of sexual violence which focuses on changing attitudes and behaviours of would-be perpetrators. However, as Sharon Marcus (1992) famously said, "we will be waiting a very long time if we wait for men to decide not to rape". In the meantime, Bell says, women deserve the opportunity to learn self defence because it is an important puzzle-piece in the complex social struggle toward ending gendered violence and, despite its potential problematics, it works. Beyond keeping individual women safer, stopping inappropriate behaviour at the micro-level can actively help to dismantle the foundations of sexism and rape-culture.

Self-defence is not only important in the context of attempted assault on a walk home. In

Aotearoa, 80–90 percent of sexual assaults are committed by somebody the victim knows. It's one thing to jump into your stance and yell "back off!" to some stranger who leaps out from behind a dumpster and tries to attack you. But if it's your boyfriend, or your boss, or your friend's boyfriend, how do you deal with that in a situation where you feel a whole bunch of compounding social pressures?

In Bell's classes, women strategise ways to use words assertively in order to define their boundaries. This often means unlearning deeply ingrained, gendered behaviour. Bell explains: "In mainstream/Pākehā culture women are powerfully socialised to be 'nice' and to prioritise other people's feelings and needs over their own-- even when someone is being a total jerk!" This can make it hard sometimes to recognise what's happening in the moment, assess that it isn't ok and decide what to do. Coercive men rely on this socialisation to make assaulting women easier. Bell suggests practising simple, clear messages "Look them in the eye and say 'You're standing too close to me. I don't like it. Step back.' You're going against the current of what's often expected of women and you can feel it pushing against you. It can be quite exhilarating and uncomfortable in that moment but it's such good practice. It can feel antisocial, but actually they're being antisocial! You don't have to justify yourself or apologise. You have a right to assert your boundaries."

A particularly damaging myth surrounding the topic of self-defence as a solution to sexual violence is that fighting back against an attacker will only make him angrier and more likely to seriously injure you. Although every situation is unique and there's never a guarantee of getting out of an attack unscathed, studies show that forceful resistance, including yelling and fighting back physically, is consistently associated with rape avoidance without an increased rate of harm to the victim. Distressingly, passive techniques for stopping attacks such as pleading, crying, or bargaining are associated with more harm happening. Bell explains why this may be: "Rape is less about sex, and more about power and control. Attackers don't want to get hurt and they don't want to get caught. If they realise they're picking on someone who's going

to put up a fight and make a big noise, they'll often decide it's not worth it. It's not giving them that sense of power and control."

The effect of fear on our brains can sometimes mean that during a physical attack victims freeze. Psychiatrist James Hopper wrote an article on why so many victims of sexual violence don't yell or fight back. He uses examples of techniques taught to soldiers to demonstrate how route learning can help break through this freezing reaction and help a victim of an attack to fall back on muscle memory: "When bullets are flying and blood is flowing, you had better have some really effective habit learning to rely upon. That's why combat training is rigorous and repetitive – to burn in habits of effectively firing weapons, executing combat formations, etc." Bell teaches women and girls to practise defensive techniques repetitively so that they form muscle memories that can be easily accessed in times of extreme fear. This knowledge can mean the difference between freezing and reacting. If you are not normally an aggressive or angry person, learn to turn fear into anger. Bell believes that anger is an emotion that can snap you out of "freeze-mode."

Bell's classes are established as "safe spaces" with high awareness that there may be – and statistically, probably will be – survivors of physical and sexual violence in the room. Ideally she has someone working with her who can help support anybody who experiences tough feelings or has a memory from something bad that has happened in their past triggered. They talk about self-care strategies, how to give and find support and share success stories. There are classes for different age groups, people from different cultures who may have language barriers can access assistance, and all women and girls are welcome including takataapui, trans and genderqueer.

Learning or improving a set of self-defence skills is not the same as limiting your behaviour out of a fear of attackers. It is equipping yourself with tools to identify unsafe behaviour quickly and to stop it from escalating. It's knowing that there is something you can do between the beginning of an attack and your subsequent recovery. It is knowing that, just because we have the ability to defend ourselves this doesn't mean we are responsible for stopping violence against us. Abuse is always and only the perpetrators fault. It's about creating social change by breaking down rape culture, challenging myths about sex and gender and supporting each other because we all deserve to be treated with respect ■

Bell Murphy is a member of the Women's Self Defence Network- Wāhine Toa (a national network of accredited teachers specifically trained to work with women and girls). She runs a course through OUSA Rec Center each semester as well as other courses throughout the year. For more info email: selfdefencegrrrl@gmail.com. Or checkout her website www.empoweredandsafe.co.nz/

If you or someone you know needs help or advice regarding sexual violence you can contact the following organisations:

Rape Crisis Dunedin:

Phone: (03) 474-1592

Email: rcrisis@xtra.co.nz

Website: www.rapecrisisdunedin.org.nz

Shakti Community

Phone: 03 477 1351

Email: dunedin@shakti.org.nz

Website: www.shakti.org.nz

Te Whare Pounamu Dunedin Women's Refuge

Crisis (03) 477 1229

Office (03) 466 3220

Email: //pouname1@actrix.co.nz

References:

Dickson, S., & Wood, N. (2013). Reporting Sexual Violence in Aotearoa New Zealand. The Taiwi Prevention Project. Retrieved from https://www.academia.edu/4648212/Reporting_Sexual_Violence_in_Aotearoa_New_Zealand

Jordan, J., & Mossman, E. (2016). Skills for Safety: An evaluation of the value, impact and outcomes of girls' and women's self defence in the community. Wellington. Available at www.wsdn.org

Senn, C. Y., Eliasziw, M., Barata, P. C., Thurston, W. E., Newby-Clark, I. R., Radtke, H. L., & Hobden, K. L. (2015). Efficacy of a Sexual Assault Resistance Program for University Women. *New England Journal of Medicine*, 372(24), 2326–2335. <http://doi.org/doi:10.1056/NEJM-sa1411131>

Marcus, Sharon. 1992. 'Fighting bodies, fighting words: A theory and politics of rape prevention'. In Judith Butler and Joan W. Scott (eds) *Feminists theorize the political*, Routledge, 385–403.



Top 5 things to do in QUEENSTOWN

With the weather becoming a little sub par and the academic semester starting to drag on it is time to start thinking about a weekend out of the University Campus. With this in mind why not get the flat together, jump in your wheels and head inland to the adventure and entertainment capital of New Zealand, Queenstown. Thankfully for you, we here at *Critic* have gone to the liberty of compiling a top five list of things you should do whilst there.



ONE

Grab a toboggan and head on up the slopes. For those who may look like a new-born calf when it comes to skiing, grab a toboggan instead and sneak up the mountain. These can be hired cheap as chips from most snow-rental shops located around Queenstown.

FOUR

Ski4Free: If you're looking at hiring a vehicle to head to Queenstown then Jucy is your best option. Hire some Jucy wheels and you'll receive a free ski pass to Treble Cone for each day that your vehicle is hired!

TWO

Fergburger: If you're ever in Queenstown it's a crime not to visit Fergburger. Internationally known, Fergburger is, without any shadow of a doubt, the best burger you will ever have the pleasure of wrapping your lips around. With close to 30 burgers on the menu you'll be sure to walk away satisfied.

FIVE

Gondola/Luge : After a hefty night out why not recover but kicking back in a Gondola while taking in one of the better views you may see on this whole earth. At the top lounge around, grab a drink and if you're feeling up to it, jump on the luge!

THREE

Winterfest: Be sure to time your trip to Queenstown in line with the Winter Festival, this year taking place from the 24th of June through until the 3rd of July! The festival has been going strong since its conception back in 1975 and is expecting to draw around 45,000 people this year. The festival includes fireworks, street parties, international and national acts and heaps more. One of the better weeks to be in Queenstown!



THE BEST WAY TO FEED YOUR FLAT

A weeks worth of meat for **\$50**

Meadow Farms
new zealand

QUALITY Meat Pack Sale

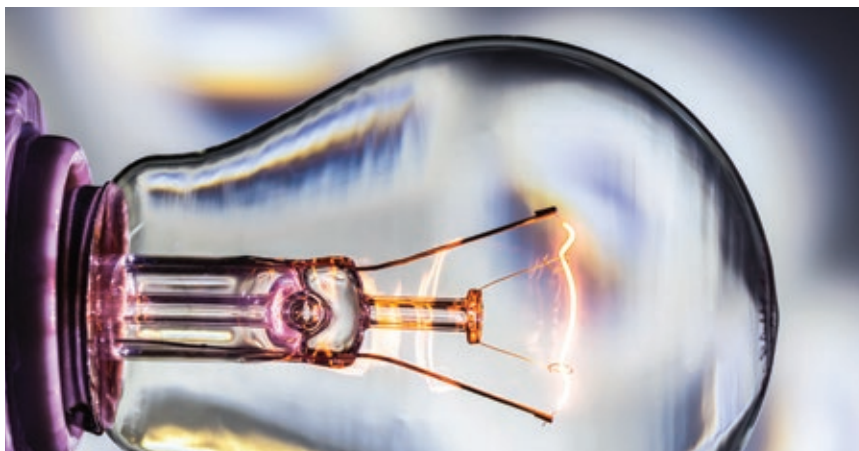
OUSA Recreation Centre
Free sausage sizzle, this
Friday 29 April, 10am-2pm

*Pre-cooked Sausages,
Marinated Teriyaki Pork, Sirloin
Steaks, Beef Mince, Pork Mince,
Silverside, Teriyaki Beef Roast,
10 x pies mixed flavours, Serves
approx 4 people*

- Shaving your power bill!

H EATING YOUR FLAT: HEATING YOUR FLAT accounts for about 29 percent of your overall power bill. Here are some handy hints as to how to heat your flat a little more efficiently!

- Only heat rooms that are being used
- Draft proof your windows and doors, when it comes to doors keep the draft out by chucking long rugby socks along the bottom of the doors
- Use your curtains and be sure to shut them all at night but keep them open during the day to let the sunlight in



Lighting:

- Use LED light bulbs wherever possible!
- Always turn lights off when leaving a room
- Maximise the most of natural light during the daytime! Be sure to open those curtains!

Water heating:

If you're using an electric hot water cylinder water heating uses up to 30 percent of your power bill! However there are some simple things you can do to try and cut these costs:

- Fix dripping taps
- Insulate the first metre of hot water pipe from your cylinder
- Invest in a low flow shower head to restrict the flow of water
- Wash clothes in cold water
- Limit your shower time
- Fill the kettle or jug with cold water and only fill it with what you need

 **pulse**
energy



WE'LL TAKE YOU TO THE ZOO ...

Switch your electricity to Pulse Energy and we'll take your whole flat* to the Zoo for the Highlanders Vs Crusaders game.

Switching is easy! No long-term contracts*.

SWITCH

ONLINE www.pulseenergy.co.nz/join

EMAIL joinus@pulseenergy.co.nz

PHONE 0800 785 733

**Use the promo code 'ZOO' to
redeem this offer online.**



*Limit 6 per household.
Terms & conditions apply.



DAVID CLARK

tax fairness

UNTIL THE PANAMA PAPERS WERE RELEASED it was believed that two things were certain – death and taxes. Now it appears just one thing is certain. That's because the recent release of the Panama Papers has pushed the question of tax-fairness to the top of the agenda once more.

New Zealand's reputation for equity and fairness makes it a desirable place to live and work. That's why it's unfortunate that New Zealand is now being marketed as a 'respectable' tax haven. Having already slipped from the least corrupt country to fourth in the world under the present Government, it is more urgent than ever that we move to protect our reputation for fairness.

Things like hospitals, schools, roads and courts are required for a successful society. Any debate about tax reform should begin with the

question of how much tax is required to fund the services we need to build a fair and decent society. Very quickly though, the debate shifts to ensuring everyone pays their fair share.

It seems a reasonable principle that those who have benefited most from the infrastructure, society and education contributed by previous generations – should be obliged to pay forward in equal proportion. But as stories of tax avoidance become more widespread, and inequality grows, people are wondering if this will ever happen where the ultra-wealthy are concerned.

James Henry, former chief economist at global consultancy McKinsey estimated in 2012 that US\$21 trillion of the world's wealth is stashed in tax havens. In 2013 the Economist magazine reported that "freeports" had emerged as a response to threats to crack down on traditional tax havens. Freeports involve warehousing

hangers alongside airport runways where the ultra-wealthy can store and trade treasures and collectables – permanently in transit.

The OECD says inequality harms growth. It estimated in 2014 that inequality held New Zealand's growth back 15 percent in recent decades – more than any other western nation. While inequality will always be in the community, what matters is its extent, its direction and its causes. The increasing imbalance between the ultra-wealthy and the rest of us hurts the economy and divides the community.

The release of the Panama Papers has brought into question whether New Zealand is a tax haven and whether or not the world's wealthiest few are paying their fair share of tax. Our Prime Minister's hesitancy around fundamental issues of fairness show he is increasingly out of touch with Middle New Zealand.

Degree Planning Days

Thursday 28 April – Wednesday 4 May

For more details see
otago.ac.nz/courseadvice

An opportunity to discuss your degree options, paper choices, and career options with Course Advisers from Divisions and departments.





SOMETHING CAME UP

Weighty matters

by ISA ALCHEMIST

I've always been chubby. "Big boned" according to my mother, and just "fat" by my brother. I am no stranger to the diet fads that sweep through the western world.

There are the big international diet organisations which weigh you weekly, and have an individual or group counselling session. Examples are:

Jenny Craig: Lots of expensive carbohydrate laden pre-cooked meals.

Weight Watchers: Protein rules. Fish, cheese, fish and cheese, with a cameo appearance of meat. I'm a life member.

System Slim: Menu plans, I could write them in my sleep.

Then there are the diet additives and medicines that offer to melt the kilos away, which haven't shifted a gram for me personally. Examples are:

Garcinia cambogia: Said to be an extract from an exotic fruit. It allegedly magically melts fat by some chemical interaction not replicable with a Bunsen burner.

Chia seeds: At least quite tasty.

Laxatives: Empties out the bowel to

give an initial weight loss, followed by diarrhoea.

Xenical: Reduces absorption of the fat in your food intake. Not useful for alcohol and carbohydrates. And the "oily anal secretions" sound like a delight!

There have been lots of medicines over the years, but currently the only diet medicine available in New Zealand is phentermine. It's an amphetamine derivative, and a prescription only medicine. It sounds like it would keep me awake most of the night. I have heard some success stories, and I'm sure it decreases appetite. But it has a wicked rebound effect, so that you feel sleepy and hungry once it's stopped.

In the last year my blood glucose has crept up, and so has my blood pressure. Both indicators that my extra kilos are impacting on my health enough to put me on a lifetime daily diet of medication. Strangely, I found avoiding medication more motivating than not being able to fit a size 12.

I'm a trend follower and an optimist. So I'm really excited about the latest craze, which has caused a significant drop in membership for the international diet companies. It's a free online smartphone app called My Fitness Pal (MFP). You

get to log your calories on a daily basis, and balance them against energy output. What really appeals to me is the handy little doofer that scans the calories into the diary. Just focus your mobile phone on the barcode and voila! Calorie count added! What's more, it travels across borders. I had a friend visiting Japan last week, and she had this for a snack;

ブルボン - アルフォート<ミルクチョコ>, 6 枚

I have no idea what it consisted of, but it was 300 calories!

You can have friends on MFP where you can read about their daily intake and watch their progress. MFP will also send you a reminder to give positive words of encouragement. It may be a symptom of my current ennui with the American election, but find reading the random bits and pieces of my friends' daily food intake more interesting than the news. And if you have a blow out and exceed your calorie intake by several thousand: no problem, don't enter it, and it never happened.

But the real icing on the hypothetical cake is another little gadget I love; my Fitbit. It straps around my wrist, records every step I take, and sends it to MFP. So you can have the beautiful words "you have earned 2000 calories from exercise today" magically appear. I find myself scanning the calorie count of food before I scoff it. It's been a revelation what a deterrent it is - apparently I don't like chocolate enough to go on another 20 minute run.

With my two best friends, MFP and my Fitbit, I'm on a downward trend. Wish me luck!

Flu Vaccinations

\$35 for individuals or \$25 for groups of five or more.

For people
over 18 years.



AlbanySt
P H A R M A C Y
WWW.ALBANYST.CO.NZ

27 Albany St, Dunedin

Phone (03) 477 5115

Monday-Friday 8.00-5.30pm

Saturday 10am-1pm

albanystpharmacy



Matters of debate

This column is written by the Otago University Debating Society, which meets for social debating every Tuesday at 6pm in the Commerce Building



WE SHOULD BE HUMANISTS **NOT** FEMINISTS

+AFFIRMATIVE by BY OLD MAJOR

The struggle for equal rights, equal opportunity and equal treatment of women is a noble and just pursuit. This doesn't mean that feminists aren't awful human beings.

Assuming the Birkenstock wearing, Tumblr sharing women amongst us haven't ripped this column from Critic in a careless attack on free speech, please keep reading. I will explain why we should be humanists, not feminists.

Around the world, people are oppressed, persecuted, censored, and live in fear of tyrannical regimes. Over the next 100 years, billions of people will suffer drought, famine or be rendered climate refugees because of the lifestyle choices of people like you and I. We shouldn't be content to sit back and watch. People with the means, freedom, education and time to seed and enact change have an obligation to do so. Unfortunately, feminism isn't inequality's kryptonite.

The feminist agenda mainly addresses the issues facing white, educated and wealthy women, and those same women who are the most vocal voices within it. The women who 'set the agenda' almost always live in developed nations (15 percent of the Earth's population) and probably have or are studying towards Tertiary Level qualification (seven percent).

When the card-carrying members of the feminist fraternity gather, the acts of oppression they decry are within their lived experience. They'll rant about systemic micro aggressions, offer endless critiques of gender representation in films and agonise over the semantics of their manifesto and the movement. None of this analysis says that the issues those feminist PhD students bleat about on twitter aren't genuine instances of oppression. But the total amount of fucks that most people give about social justice issues is finite and exhaustible.

The strain of militant white western feminism that is fashionable right now alienates less progressive people because it focuses on issues that, at least to those people, don't seem like pressing acts of oppression. It alienates progressive men from engaging with the movement. But most harmfully, it dominates social justice discourse towards issues affecting women in Dunedin, rather than humans in Damascus or Ghana.

Social Justice activism needs to meet the needs of all humans affected by injustice as a result of their gender, race, religion, socioeconomic status or just pure bad luck. We should to be humanists, not feminists.

TLDR: Feminists please pick your fights. Be ideologically consistent. Be a humanist.

-NEGATIVE by SQUEALER THE PIG

Humanism stems from a branch of philosophy that advocates for tolerance particularly in regards to religion. It recognises that humans can create a moral code with logic and reasoning rather than needing religion to guide them. It should be obvious that being a "Humanist" and being a "Feminist" are not mutually exclusive things.

"Humanism" is not an umbrella term for wanting equality for all people. If it were, there would be no reason to choose between supporting equality for all people and equality for women. You can be in favour of both statements. However, different groups of people are denied equality in different ways, have different desires, threats and needs. Women's experiences, needs and relationships are often quite different to men's, just as LGBTQI people's experiences may be different to heterosexual people, and people of different ethnicities may have different needs. In an ideal world all these needs would be recognised and valued, but we are a long way off yet.

If you are fixing a building, you need electricians to deal with the wiring and plumbers to help fix the drains. Similarly, we need an LGBT movement for issues of sexual orientation and gender. We need anti-racist groups to tackle racism and racial inequality. We need feminism to focus on the issues that specifically impact women.

Supporting feminism is the first and most important step to recognising how women's equality and empowerment can be neglected if they are not actively recognised and diligently paid attention to. It's called feminism rather than "humanism" because for most of history in most countries women have been denied personhood. "Feminism" as a label started as a socio-political movement to achieve equality for women and through its own rhetoric has become a movement supporting equality for all people. Giving it a blanket term like "humanism" serves as another tool of oppression because it does not articulate the enormous struggles women have had to go through to achieve any of the rights we take for granted today. It silences the unique issues and inequality women experience as underprivileged, underserved members of our society.

We should not be humanists instead of feminists. We should be both. Furthermore saying you are for equality between the sexes but you're not a feminist is like saying "I'm a sweet potato, not a kumara". You're still a starchy tuber, but you just admitted to being a potato.



DEAR ETHEL

Fresher stress

Dear Ethel,

I'm a fresher and finding uni so hard! I thought it was going to be a breeze but it's not. I've got assessment after assessment between now and exams. I'm so stressed. I don't feel like eating, I can't sleep and I keep picking fights with my boyfriend and then feel crap about it afterward. Should I even be at uni?

-Uni Or Not Uni

Dear Uni or Not Uni,

University is hard work for most of us! So don't beat yourself up. It's very different to high school and it can take a while to get into step with a new environment, as well as new learning and assessment expectations. You've only been here for one-and-a-half months, so nobody expects you to be all over it!

Looking after your mental wellbeing by reducing your stress levels takes a little bit of work but it's worth it. It's like being physically fit: you can build 'mental muscle' to help reduce the impact of day-to-day stressors.

One little thing that may help is to think of three things that you've been grateful for that day. It might be that your boyfriend made you dinner, it was a gorgeous sunny day (make the most of those in Dunners!), and you learnt something fascinating. No matter what other stuff is going on, focusing on positive things in the present can help reduce the sense of being overwhelmed and stressed.

For academic stress, have a look at My Otago First Year www.otago.ac.nz/mofy. They've got practical tips on study and success strategies. Make realistic, achievable daily and weekly goals. Being able to see what needs to be done, and by when, will help reduce stress.

Do something that makes you feel good every week, whether that's sports, a massage, popcorn and movie night with friends – whatever. Even though you don't feel like eating, make it a priority to eat delish, healthy food. Within these very Critic pages you may find some culinary inspiration! Ease up on the coffee and alcohol too as both of those will have a direct impact on your ability to get a good night's sleep.

If you want to talk to a real person who's experienced some of the stuff you're going through, feel free to drop into 5 Ethel Benjamin Place to have a chat with a friendly advocate.

Whole lotta love,
Ethel xox



SCIENCE BITCHES

Coral Bleaching

by SAM FRASER-BAXTER

34

CORAL BLEACHING IS ONE OF THE adverse affects of global warming we hear about, time and time again in the media. Since Al Gore's fucking-do-something-right-now documentary, An Inconvenient Truth, coral bleaching is a process that is commonly cited along with others such as mass starvation, melting ice sheets, extreme weather events and mass extinction, that tell us global warming is real and we'll be in trouble if we don't do something

soon. Some of these processes seem quite straightforward. It turns out coral bleaching is pretty complex.

Most of us have a basic idea of what coral bleaching is – the coral dies, it goes all white and all the fish and everything else dies too. That's pretty much the gist of coral bleaching. Corals are super rad ecological structures. Corals are built up of various limestone layers. On top of these layers live algae, which photosynthesise, providing

sugar or food for the coral. In exchange the coral gives a home for the algae and some key nutrients. Algae gives the corals colour. Without algae, the limestone skeleton is revealed making the coral appear white and transparent or bleached.

Deadly spikes in ocean temperature are directly related to coral bleaching. Coral reefs are not equipped to survive in the warmer oceanic temperatures brought about by global warming. If oceanic temperatures becomes too hot, coral experience a sort of heat stroke and expel the algae they rely on to survive. Without algae, coral

literally starves to death.

The relationship between the coral and it's algae is fundamental to the survival of coral reefs. Coral reefs provide the foundations for the wider eco-system. So when coral bleaches, its anemones die and so to does Nemo the Clownfish, who relies on the anemone for food and shelter. Because ecosystems are comprised of complex interdependent relationships, when you impact one species you impact them all. So when coral starts to die, the whole eco-system is in trouble.



New nookie nerves

Dear Sexcellent

I have recently gotten out of a long term relationship and am petrified at the thought of kissing let alone having sex with anyone else.

Please help!

Yours truly,
Cockfright

Dear Cockfright

How I know your struggle. I think all of us have experienced this at some point, to at least some degree. They say the best way to get over someone is to get under someone else, and yet when it comes down to it, you can't even imagine how you could.

Being with someone for a long time means you know how they tick: how they work, what gets them going and what doesn't, how you work together and you know all your fave go-to positions without talking. When it's someone new, you have none of that; which is terrifying. It's essentially like having sex for the first time again. You may be thinking, what if I do something wrong? What if they don't like this? Why aren't they doing what [x] used to do? What if I make weird noises or look weird from this angle or missed a spot shaving my pubes or smell weird or taste weird or....

Stop.

There is no point in panicking like this. If you are comfortable and it's time, then it is like riding

a bike. Sex is the most natural thing in the world, sex. It's what we do as human beings, as animals, really. Whoever is sexing you is not looking at these tiny little insecurities that are running through your brain: they are focusing on their own thoughts (trust me, they're worried about the same things), and in all honesty, they're probably so stoked to be having sex with you they're not going to complain.

Don't expect the first time with someone else to be as great as you remember: it's a completely different ball game. Having sex with someone exclusively for a year or longer, especially with feelings involved; that changes (s)expectations. Sex tends to get better when you've been with someone for a long time. But that's not to say that sex can't be great with anyone else.

If you feel confident in yourself, if you're ready, if you want it, and if the other person wants it: it will happen, and it could be great. Give yourself time, and give it a chance.

-S



THE WEEKLY DOUBT

Bovine colostrum

By WEE DOUBT

COLOSTRUM IS A FLUID THAT female mammals produce from their mammary glands after they give birth. It isn't milk – it's a clear, yellowish substance that will be the newborn baby's first meal. As well as nutrients for the baby, colostrum contains antibodies produced by the mother animal that she will pass on to her baby.

Antibodies are cells made by the immune system that recognise certain alien cells, such as

bacterium, and attach themselves to them. Once attached, the antibody makes it impossible for the foreign pathogen to enter the cells of its host, and so prevent infection. Each different pathogen requires a unique antibody to attach to it, so the prototype or pattern antibody cell is stored in the lymph node where it can duplicate itself and send out an army of defensive antibodies to fight the invasion. By passing antibodies on to her baby

via her colostrum, the mother mammal is giving her baby's immune system the information it needs to help fight bacteria and viruses her baby may be exposed to.

Colostrum is a wonderful thing and one of the reasons why new mothers are encouraged to breast-feed their babies if they can. It seems like it would make sense for us to collect the colostrum from other animals and eat it in order to gain their antibodies and strengthen our immune system (as long as you don't think of the baby animals missing out). Colostrum pills cost around a dollar each. They are touted as beneficial to the human immune system.

Dr Jo Kirman told me why eating colostrum pills may not be a good idea. Antibodies are labial, which

means they have a delicate, frill-like structure that is easily damaged. Though they can survive going through a baby's digestive system and into the blood, they can't survive being extracted, dried, and put into a pill. Doctors sometimes prescribe colostrum or antibodies, but it is administered intravenously, not in pill form.

Secondly, even if the antibodies did live on inside the pills, it is unlikely that the antibodies the animal has made will be useful for fighting pathogens humans are exposed to. Animals catch different diseases to us. Save your money and leave the colostrum for newborn babies.



film

FLORENCE AND THE UFFIZI GALLERY

Director: Luca Viotto

RATING: B+



by **JESSICA THOMPSON**

Florence and the Uffizi Gallery is my entire art history course for this semester. But try not to let that put you off. In a tiny cinema this simple documentary swept me out of my seat into another country, for a high quality tour of Italian Renaissance art. Directed by Luca Viotto (whom

I have not heard much about but seems competent enough), the film is a swift and transporting multi-dimensional trip that hits on all the greats. From architecture (my favourite line that I remember: "I call architecture frozen music"), to sculpture, to painting, we are

guided from the streets of Florence into the Uffizi gallery to meet Michelangelo, Leonardo Da Vinci, Raphael, Botticelli, and many more masters.

The presentation of the art is refreshing, as the modern music and cinematography merges with the classic. The images are incredible and daunting—all pieces are shown up close in fine detail that all art lovers will gag over. But don't worry if you are not coo-coo for art history – while it is a little hard to keep track of the facts, it's easy enough to just sit back and soak up the lavish colour and satisfying pictures.

I would urge anyone to check this film out, simply because it is healthy to learn and vital to know of the past, particularly the history of great art (may I please quote Robin?) Screw it I'm gonna quote

Robin Williams: "medicine, law, business, engineering, these are noble pursuits and necessary to sustain life. But poetry, beauty, romance, love, these are what we stay alive for."

I have always been a lover of artistic documentaries (nothing will ever beat Simon Schama's Power of Art). Most can be overly pretentious or too small budget for the masses, however this flick does its job well. One thing I did find slightly irritating was the acting of one Simon Merrells (Spartacus). He wasn't horrible. But he wasn't great either. The only drag to the film I can think of. I would have loved to see it in 3D, so if you go, go all out. This was 95 minutes of what I imagine to be the equivalent of a rich, rich wine, fit for the pope.

THE MAN BEHIND THE POPE

Director: Beda Docampo Feijóo

RATING: 0/5 OR ANYTHING LESS THAN ZERO, OR THE LOWEST LETTER GRADE POSSIBLE

by **ANDREW KWIATKOWSKI**

Fresh from my Grandmother's funeral mass and with great trepidation I marched into the theatre to watch a film about the head Catholic honcho, Jorge Mario Bergoglio, or as you know him, the incumbent Pope Francis. Conclusion: Worst. Biopic. EVER! If only there were a rating I could give below zero. Basically, this film is just two hours of meandering propaganda trying so very earnestly and limply to establish a cult of personality, being so unsubtle that I suspect Tommy Wiseau secretly directed it.

To summarise the plot, a young writer who doesn't know the man behind the pope, befriends the man behind the pope, and eventually comes to know the man behind the

pope. From his early days giving mass in the slums of Buenos Aires to the papal hotseat many decades later, the story is told mainly in flashbacks, which are unwieldy monstrosities of exposition about how he is always humble, generous, and one of the progressive 'good-guys' in the Catholic church.

Though the cinematography was wonderful and the actors gorgeous, most of the directorial decisions were beyond fathoming. I was flabbergasted by the way E-V-E-R-Y-S-C-E-N-E consisted of some stranger or friend despairing to the pope about the state of the world, until he takes their arm, dispenses well-spoken-but-trite truisms disguised as holy wisdom, before



he (more or less) whaps on his sunglasses and marches out of shot in a never-ending series of C.S.I. YEEEEEEEEAAAAHH-moments, leaving their worlds rocked by his compassion and unassailable up-standing character. Hmm, speaking always in parables so that everybody thinks he is just like Jesus, much?

The film is all in Italian and Spanish, which is aesthetically beautiful, but it makes it hard to assign blame for how weird this film turned out. I refuse to believe

that Italians and Argentinians speak with such regal-sounding fatuousness in everyday life, so either the subtitles are translated very poorly, or the script really just sucks that much. Either way, I suggest that before you go making long-term relationship plans, you double and triple-check with your intended squeeze that they aren't going to be playing this film on a screen anywhere near your face any time for the rest of your life. This one's pretty much a deal-breaker.

SHERPA

Director: *Jennifer Peedom*

RATING: A

by **LISA BLAKIE**

If anyone you know doesn't know what white privilege is, or is too ignorant to even try to understand, all they need to do is watch *Sherpa* and everything around the concept will become abundantly clear. If not, you need to disassociate yourself from them ASAP.

Sherpa is a documentary directed by director Jennifer Peedom and explores the industry in Nepal around Westerners climbing Everest and the politics around Western mountaineers and the relationship between the Sherpa and Nepalese people, focusing particularly on feeding the largest tourism industry in Nepal. The Khumbu icefall is the most

dangerous part of Everest and is becoming increasingly precarious due to climate change, and the Sherpa often have to navigate this part of the mountain at night, up to 20 times. The film also highlights the tragic events of the 2014 ice avalanche disaster which killed 16 Nepalese in the Khumbu icefall.

The Sherpa get paid only enough to feed their families for the year, with 70 percent of profits going to the Nepal government. With these facts in mind, I was becoming increasingly frustrated at the utter bullshit around the industry, especially with the resounding voices of white people, waffling on about how they feel a "spiritual



connection" and also love to "celebrate the beautiful Nepalese people" and the "Buddhism and stuff around it".

So why don't these people get equally passionate when a revolution is sparked within the Nepalese to change the politics surrounding the tourism and the industry? Health and safety and payments for their family? Respect for the 16 Sherpa who died? No, none of that matters because they are upset that

they don't get to climb Everest which is a "life long" dream of theirs. The entitlement is totally justified because the Western tour guides will get in trouble. Sigh.

Breathtaking shots of Everest and a very forward approach to raising awareness of the injustice surrounding this industry make this a fantastic documentary. A frustrating but very worthwhile watch.

ZOOTOPIA

Directors: *Byron Howard, Rich Moore and Jared Bush*

RATING: A-



by **JESS ALSOP**

I knew very little about *Zootopia* before I saw it, so I'll admit I was expecting some kind of strange *Madagascar* knock-off. Luckily I was wrong.

Instead, *Zootopia* is about a world run by animals that have evolved from their 'savagery' days of being

predators and prey. The story follows feisty bunny Judy Hops (Ginnifer Goodwin), who breaks down stereotypes by deciding she's going to be the first rabbit policeman and moves to the thriving metropolis of *Zootopia* to pursue her dream. She quickly finds a lead

in the Case of the Missing Animals, and with help from sly fox Nick Wilde (Jason Bateman), sets out to save the day! So pretty much a classic buddy cop (or bunny cop) crime film, but this time with animals..

That may seem too cliché, but fast paced action and lots of plot twists (and animal puns!) make for a fun couple of hours.

The animation is impressive, and the world-building that's gone into the actual city of 'Zootopia' is cool. It's divided into customized districts for each type of animal, so there's a Tundratown, a Sahara Square and a Little Rodentia. Shady rodents sell bootlegged copies of 'animal' versions of Disney movies (*Wreck-it Rhino* and *Pig Hero 6*) while sloths run the DMV and polar bears are involved in organised

crime. There's also a fun cameo by Shakira as pop sensation 'Gazelle'. *Zootopia* may seem like a mindless kids film, but there are clear underlying messages about stereotypes and oppression (some bunnies can be so anti-fox). I definitely wasn't expecting a kids' film about an alternate animal universe to be so current. Overall, this is a fun movie, even if it isn't quite at Pixar or Studio Ghibli level. Definitely a good one to see if mid-semester blues have got you down.



INTERVIEW WITH LAKES



by **SAM FRASER-BAXTER**

Lakes are an eclectic and constantly evolving act. In this digital age of music, finding a way to set yourselves apart can be a little difficult. Lakes have had no trouble finding their own musical niche. From the early days with the debut release *Reflections of the Night Before*, Lakes created an intriguing sound – a hybrid of hip hop inspired beats with the jangly chords and riffs of indie rock. The sophomore *Summer EP* was a more polished release. The production on the EP was impressive, blending layered synths, rolling 808's and a healthy dose of low end bass, while Toby and Liam added their own unique rhymes, melodies and harmonies.

As their music has gone from strength to strength, Lakes have kept their fans wondering what would be next. Throw in live drums, another MC, another guitar, saxophone, bass, keys, and bass and you have the Lakes Magic Band. The Magic Band is a musical interpretation of the Lakes music, a high-energy live twist on the sound Lakes have built for themselves. Sam Fraser-Baxter caught up with Liam and Toby, the founding members of Lakes in anticipation of the Magic Band's show at Refuel on Saturday, 30th April.



the readers?

T: We are an eight piece hip hop / funk band with three vocalists, two guitarists, bass, drums, keys, and sax.

So how did the Lakes Magic Band come about?

T: LAKES started as just me and Liam, with a lot more of an electronic sound. We realised we needed to take it to the next level and introduce the band when we started playing live.

L: We wanted to get more of our mates in on the buzz! We knew all these dudes who were tight at what they did, and we happened to be really tight with all of them.

What kind of musical backgrounds does the Magic Band's members come from and does it shape the band's sound?

L: Everyone brings their own drinks to the party so to speak – but there's one common denominator, that being hip-hop. It ranges from genres like, funk, soul, jazz, psychedelic, indie, and electronic, but everyone in the band vibes rap music in a general sense of the term.

What influences Lakes music and the Magic Band?

L: 1. Bangers 2. Crazy Shit 3. Soul

The concept of writing and recording hip hop music with a live band only has been explored by a handful of musicians, namely The Roots. Has the magic band written and recorded together?

T: Oooooo yeah, we are half way through the process of making a music video for our first song both written and recorded with the full

band.

What do you guys enjoy more: writing music or performing it?

L: It's hard to say, they're almost so different. You can't perform a song that hasn't been written, but then again you can't say a song has fulfilled its purpose until it's been performed... it's a balance between the two I guess.

Outside of Lakes and the Magic Band, what other projects have you guys been involved in?

L: Zac Fraser Baxter and I have Apostles going on, bit of a heavier rap buzz. There's Lucid Falls too. Toby and Fynn [Lakes third vocalist] have been working together, as have me, Lij, and Fynn, and an up and comer named Wallace...

How did you find playing the Melocasa Festival and Melocasa II last year in Dunedin?

L: So loose. Hands down best party buzz I've experienced to date. I'm frothing for the next one that's for sure.

What can the audience expect from the Lakes Magic Band this Saturday at Refuel?

L: a) hype b) hype c) a whole lot of new shit to touch your soul, peace famo haha x

T: Good vibes, and a lot of energy.v

Catch Lakes and the Magic Band along with The Violet Oh's, DJ Fuzz, Lij, Apostles and DJ Danny V at Refuel this Saturday from 9.30pm, brought to you by Melocasa Promotions. Tickets online at eventfinda.co.nz

MIND OF MINE

ZAYN MALIK

by **MILLICENT LOVELOCK**

When Zayn started releasing singles post-One Direction I was worried that it was going to take him an album and a bit to get into the swing of things. I wasn't overly impressed by 'Pillowtalk', although it is a catchy tune I don't think it is all that cohesive, and 'IT's YoU' and 'LIKE I WOULD' felt a little like they were selected at random from the album as singles rather than carefully considered. But, contrary to my initial prediction, I am actually really enjoying Zayn's debut album, *Mind of Mine* and it gets better with every listen.

Zayn claims that he has been waiting years to execute this album, explaining that while he was in One Direction he was given the paint and the paint brushes but was never allowed to paint on the canvas. When I saw the visually chaotic music video for 'Pillowtalk' I thought that maybe Zayn had been allowed a little too much access to the canvas, but *Mind of Mine* is remarkably sparse and restrained. The album was largely written and produced in collaboration with Grammy award winner, James Ho, who has also worked with Frank Ocean, and at its best it alternates between ice-cold and glistening, and dry and demure.

Zayn is at his peak on tracks like 'rEaR vIeW' and 'tRuTh', giving heartwrenchingly understated vocal performances, and really leaning into the dark swell of the instrumentation. And, of course, a breathtaking high on the record is 'INTERMISSION: fLoWer', where Zayn sings in Urdu. It's a gentle, thoughtful moment, touched by real feeling. Supposedly Zayn recorded the track in only one take, and those who have recorded music will know that is no mean feat, particularly if what you're recording has to be good enough to distribute to millions of people around the world.

This album does have moments that aren't as strong as others, as is to be expected on someone's first solo record. The songs that are great are great because they're not obvious, the melodies are subtle, a little unusual, and the production is ever so slightly alienating. Zayn wanted to prove he is a real artist, and to do so he had to come at things from a little left of field.



It's for this reason that tracks like 'sHe' and 'dRuNk' don't feel right to me. It's not that they aren't decent pop songs, because they are, it's just that they are predictable. In a really great pop song you anticipate what is going to happen next as it is happening, so it feels right. In an

branching out on his own, he's still vulnerable, he's still learning, and he's still processing what it means to relocate your integrity after huge creative upheaval.

In summation, not only is Zayn a hugely important figure who is genuinely radicalising

Zayn wanted to prove he is a real artist, and to do so he had to come at things from a little left of field

average pop song you anticipate what is going to happen next before it happens and it's not as compelling. There is one smashing pop song on this record, though, and it's 'fOoL fOr YoU', a searing R&B number where Zayn really gets to sing his heart out backed by a full, swinging band. It's the moment of excess that he needed to get out of his system, and it's sweet and perfect. The album begins to wind down after this track, getting slower, softer and more mournful. We're left with 'SHE DON'T LOVE ME', in which Zayn admits, "I question myself all the time". We're reminded that in spite of any personal triumph Zayn has experienced in

parts of pop music and culture dominated by politically mute white men, he has also produced a pretty stunning debut album. *Mind of Mine* might not grab you on first listen, but is full of so many shining, resonant moments that keep drawing you back in. I look forward to whatever Zayn does next because it can only get better from here.



DON'T STARVE -SHIPWRECKED

PC | *Developed and Published by Klei Entertainment*

RATING: A-



**Don't Starve
Shipwrecked: yes,
you will die**

by **JAMES TREGONNING**

Don't Starve was originally released for PC in 2013, and was pretty successful, getting a PS4 port the next year. It's a survival game in which you, a scientist named Wilson, have meddled with powers beyond your ken and have been sucked into an unknown world, where you have to deal with a bizarre array of materials and an almighty number of ways to die. Recently, it's received an expansion – Don't Starve: Shipwrecked.

The game's title, Don't Starve, heralds the 'fuck you, player' attitude taken by the game, which refuses to give you any instruction in how exactly not to die. You've got three main attributes – health, sanity, and hunger – and if any of those hits zero, bad things happen. If you have no health, you die – obviously. If your hunger hits zero, you start losing health at a steady rate, which eventually kills you. If your sanity is at zero, shadow monsters come out of the woodwork and start chewing away at you, and – yeah, you die.

It's almost a Lovecraftian game – and I know that's pretty much as good as saying 'it's a zombie game', but bear with me. Don't Starve has this special little mix of science and magic that gleefully invokes the arcane and the occult, contrasting a devilish nemesis against lightning rods and gunpowder. The whole game has an art style inspired by Edward Gorey and Tim Burton, toning Lovecraft's existential horror down to a playful disintegration of rational thought. You can construct a massive thermometer, but you can also make a meat effigy where

your body will be thunderously reincarnated should you die. And yes, you will die.

Don't Starve: Shipwrecked shifts the setting to, yes, an island shipwreck, with plenty of tropes

practically a staple in everything. You need wood for your fire every night (if you're in the dark without a torch, an invisible monster pulls your legs off), you need it for your boat, and you need

I'd just settled down at dusk when a palm tree stood up, looked at me, and started hurling coconuts and screaming bloody murder

from 19th century boys' fiction. There are jungles and machetes, volcanoes and magma, desert islands and lots of sailing. The sailing part is pretty new – in the original game, you were strictly a landlubber, so they've had to redesign the interaction between land and sea. Previously there were little cliffs everywhere; now, there's actual beach. There's also a longer list of things that want to kill you. In keeping with the island theme, the original roster of spiders and malevolent toads is supplemented by a tropical twist in the form of stripey snakes. These little bastards live in vines, which are a necessary construction tool if you want to get off your island. This is the kind of stunning disrespect Don't Starve has for its players. Off you go to harvest some vines, and suddenly you're surrounded by an angry pack of carnivorous reptiles. I also learned that they also occasionally fall out of trees, which is wonderfully inconvenient when you need a bit of wood for the fire.

You chop down trees for wood, which is

it for farming. You can also refine it into boards, which you need in order to make bigger, more complicated inventions further down the line. Not only are snakes in the trees in the jungle, but also, if you're on a desert island and you try to chop down a palm tree, you'll probably have a coconut fall down and conk you on the head. What's more, on my first playthrough of Shipwrecked, I'd just settled down at dusk when a palm tree stood up, looked at me, and started hurling coconuts and screaming bloody murder. I didn't survive that encounter – I was killed by an angry tropical Ent.

It's a good bit of fun, if you're the sort of person who likes survival games. Don't Starve rode in on the wave of success that Minecraft had – and it tells, because Don't Starve suffers from the same problem. You goof around until you die, and then you stare blankly at your monitor and feel vaguely ashamed of how you've spent your time. A bit too much like real life, in that regard.

WHY DO WE NEED.. . Augmented reality?

by **ANTHONY MARRIS**

Augmented reality (AR) is where applications on mobile and tablet devices are able to use both the camera lens and a database to add additional information onto a real world scene in real time (or near to). This is different from Virtual Reality. In VR, the scene is created from nothing and fed to the user through a headset. The most commonly known example of AR is Google Glass, eyewear that is able to project information about what the wearer is seeing. This is by far the

"try on" clothes. Essentially the garments are overlaid onto the user's body and they can "model" them. Though I am not an expert on fashion (my clothes have one function—to moderate body temperature), I can see how this could speed up the shopping process of physically trying on clothes. It also eliminates the need for large storage spaces, as the chosen clothes could be ordered online and sent directly from the manufacturer.

technology when indicating to your squad which team member is targeting which foe. In time there are plans for the SRI binoculars to incorporate digital geo tags on mobile targets as well.

The goal of AR is that when you walk down the street, you will be updated with new information when you use your phone (or through your contact lens). The information could range from the local history, to nearest coffee shops, to those on dating applications. Ideally, you would pick and choose what information streams you subscribed to as the total information is vast. The potential to geo stalk someone, as well as having facial recognition software compare my likeness to a database like Facebook are two of my greatest concerns. The need to unite the world digitally is okay but only if there are non-evasive options available.

AR has great potential for marketing gimmicks like digital reproductions of sports matches on screen when pointed at a newspaper picture of said match. Or using smartphones to explore two different museums or art galleries (one real world, one an AR version) at the same time adds to the experience. It is when the unilateral acceptance goes unchallenged that concerns of ethics and privacy are ignored for the newest, coolest misdirect.

TL;DR - AR is cool and scary. It can add huge value to the real world, while simultaneously create an environment with too much information.

The potential to geo stalk someone, as well as having facial recognition software compare my likeness to a database like Facebook are two of my greatest concerns.

coolest and scariest thing I have come across.

Two of the main uses in the real world for AR is marketing and the military. A Youtube interview with Jay Wright, VP of Product Management at Qualcomm, demonstrated some fascinating uses for AR in the civilian world. One was the Maxim Motion app. When the tablet camera is pointed at the cover of a Maxim magazine, it scans the cover against a list of known images in the database and then loads the video linked to that particular cover. In the demonstration of the app, the texts disappeared from the cover and the model came to life and changed poses.

Wright also demonstrated that when toy company apps are aimed at children's toys and books, additional content is unleashed and play transitions from the real world into the digital format. While I acknowledge that this has the potential to add to the child's play and learning experience, I think this could eliminate key aspects of imaginary play by giving the toys individual voices and values from our imagination. These apps make the child's interpretation of what the character says and does redundant.

One that is potentially beneficial to adults is AR fashion apps like TryLive. Using the camera, the app takes an image of the user who can then

Thanks to funding from US Agency, DARPA, a pair of binoculars were developed by a US company SRI Technology which are able to geotag locations. One practical benefit of this technology also is that text is able to be added to the Geo Marker, allowing anyone with the technology to access the information. This is great for up-to-date rapid highlighting of areas such as makeshift field hospitals or areas that are inaccessible. Those familiar with video games like Ghost Recon have used the same



AR: could add a needed extra dimension to lectures



TOMORROW THERE WILL BE APRICOTS

AUTHOR: JESSICA SOFFER

by JESSICA THOMPSON

14 year old Lorca is obsessed with reading cooking books in an attempt to win the love and respect of her mother Nancy, an icy chef who grieves the death of her husband. Lorca struggles with her mother's uncaring nature and cooks the most delicious sounding treats in attempt to woo and prevent her from sending her to a private school. The reason for this is because Lorca was caught harming herself in her school bathroom, and in turn was suspended. The girl's aim is to track down a recipe for Masgouf, a traditional Mesopotamian dish, to please her mother who once said it was the most delicious dish she ever tasted. The search for this recipe leads Lorca to Victoria, an old Iraqi-Jewish immigrant dealing with her husband's death, who agrees to teach her how to make the dish.

The book transfers between Victoria and Lorca's first-person voice with each chapter, triggering my curiosity about what is to happen next. There is a major focus on the trouble of emotions and how unspoken feelings can lead to bitter outcomes. The book is set in New York, emphasizing the contrast in culture Lorca and her mother feel living there. An array of food-related metaphors and similes are involved, (for example, "I had a lump in my throat the size of a bundt cake pan." Love). The mention of Cardamon Pistachio Cookies, Baklava and Kubba with squash hurts to read as a simple student who lives on cereal alone, so ensure you read on a full stomach.

This is a gorgeous first novel by Jessica Soffer, and an important one for women, focusing on relationships between mother and daughter in an 'unconventional' way, considering the natural bond that is always shown between mothers and daughters in fiction and film. This is a refreshing look into people separate from a conventional standard of female relationships. The people in the novel begin in the crux of their difficulties and work hard to cope with them.

At some points the plot is predictable and the simplicity of writing bothered me at times, but the characters are so intimately offered to the reader that this doesn't seem a problem. For example, during the struggle Lorca faces with self harm, the writer does not gush about her background and why she is doing it, but transports us into the body of Lorca with the girl's own thoughts. The interest lies in the relationships and feelings of the three women, all of whom are struggling, all of whom are rich and complex. I find the treatment of Nancy a little too one sided – Soffer tends to



portray her in a complicated way, making me almost hate her if it weren't for her troubled situation. I feel like her character would be the go-to for a high school essay.

The title, I believe, sadly links to the relationship between Nancy and Lorca. 'Tomorrow, apricots may bloom' is an Arabic saying. From what I read up, it refers to a promise of something that's never gonna happen. Overall the novel examines the difference between family members who are tied by blood and the ones who are chosen. It is smoothly written, engaging and comfortable to slip into. A touching tale that made me hungry.

FASHION RULES OK

De Beer Gallery, Special Collections

RUNS UNTIL 03 JUNE 2016, FREE ENTRY

by **MONIQUE HODGEKINSON**

There comes a point in each semester when the uni's endless sea of stripes, denim, grey, black and white becomes a bit too monotonous to bear. At this point, vintage fashion never fails to provide a fresh and energising splash of colour. Fashion Rules OK, the new exhibition at the University of Otago's de Beer Gallery, is ushering in Autumn in bright and cheery style. On display you'll find books, magazines, posters, and paraphernalia all relating to the wonderful and wild world of fashion throughout history.

The four glass cases outside the gallery are filled with kaleidoscopic collections of intriguing fashion treasures. Vintage posters of laughing hourglass girls in gaudy colours hark back to a different time, while Seamfree Supp-hose Stockings are cheerfully advertised. Men's fashion has a cabinet to itself, while a magnificent,

emerald green Dior heel rests proudly, dating back to the '50s or '60s.

Inside, Britain's first ever fashion magazine, The Ladies' Gazette of Fashion, displays regency and 19th century styles in an intimidating volume. Before Vogue, Cleo, and Fashion Quarterly, 18th century women paraded these pages donning enormous, dome-like dresses.

Leaping forward a few years, I laughed out loud at The Clothing Budget pamphlet, a home science resource teaching girls how to properly buy clothes. Budgeting their clothing money was clearly a major concern, and a serious science; The Clothing Budget describes the importance of comparing the cost of certain items with their "wears per year". "When is a bargain a bargain?" the book asks viewers (it's 2016 and we still don't have the answer).

Perhaps the most intriguing part of this exhibition is a timeline of Barbie dolls, dating back to her smouldering original creation in 1959. Over the years this miniature fashion icon has worn more outfits than most people would wear in a lifetime, with a body shape and style that is changing rapidly too. Mattel's recent development of a range of Barbie shapes, sizes, and colours is a hopeful indication of the future of the fashion industry – one not only accepting of variation, but celebratory of it.

If you haven't visited the Special Collections gallery before, check it out on the first floor of the library next time you've got an hour between classes. They host a great range of free exhibitions each year, showcasing the wicked treasures you'd have never known our library has to offer.



43

CAMPBELL PATTERSON 3 in 1 2011. (screen capture) Single channel DVD

ART

DUNEDIN PUBLIC ART GALLERY

FREE ADMISSION + WWW.DUNEDIN.ART.MUSEUM

**light switch
and
conduit**

THE JIM BARR AND
MARY BARR COLLECTION



CHICKEN KIEV

Serves 3



by KIRSTEN GARCIA

The origins of this dish are unknown but it seems to have been made popular by the Soviets. It's like garlic bread but instead of bread, we're using chicken. I was considering calling this recipe a butter bomb since that's what you'll essentially get. I do love butter. I am a nutrition major but I could never talk badly of it. It just makes everything better. If you think the butter in this is unhealthy you may be shocked to hear some recipes even say to wrap bacon around the Kiev. I thought that might be a bit too much for most people but feel free to try it for yourselves.

INGREDIENTS

Garlic and parsley butter:

- 120g butter, soft at room temperature
- 3 cloves garlic, crushed
- 3 tablespoons finely chopped parsley (you can pick free parsley at the Polytech community garden)
- Salt and pepper to season

Kiev:

- 3 chicken breasts
- 120g garlic and parsley butter, chilled
- 1/3 cups flour
- 2 eggs, beaten
- 2/3 cup bread crumbs
- Oil for frying
- Salt and pepper

METHOD

Garlic and parsley butter:

Soften/cream butter in a medium bowl with a wooden spoon and add garlic and parsley. Add salt and pepper to season. Mix.

Place in fridge to harden (do this at least 2 hours before putting it in the chicken).

Kiev:

Slice a thin, deep slit in the chicken breast, horizontally (like a pita pocket). Stuff it with garlic and parsley butter, then close the slit, by folding the chicken over it or keep it closed with toothpicks. Place stuffed chicken breasts on a plate, wrap with cling wrap and chill for half an hour (it will be easier to work with if it's cold and firmer).

Once chicken is chilled, preheat the oven to 200C. Beat egg, salt, and pepper in a medium bowl. Place flour and bread crumbs on two separate plates. Roll each chicken breast around in flour,

coating it completely. Then add the egg, then the bread crumbs.

Warm oil in frying pan and lightly fry each side of the chicken until slightly golden brown. Careful not to open the slit, otherwise the butter will ooze out. Transfer on to an oven proof dish and finish cooking chicken in the oven for 15 mins. Remove from oven, chicken should be cooked through, firm and crispy.

This pairs nicely with spaghetti as the lava of garlic butter dresses the pasta well.

OTAGO FARMERS MARKET

YOUR SATURDAY STARTS HERE...

BACON BUTTIES,

CREPES, GOURMET

PORRIDGE,

DETOX JUICES, &

FRESH FRUIT & VEGE

Harvest celebration 30th April 9am - noon

Apple pressing, apple bobbing, excellent music, free tastings!

EVERY SATURDAY MORNING

DUNEDIN RAILWAY STATION

www.otagofarmersmarket.co.nz

Owlch, that's hawkward

University Book Shop



LETTER OF THE WEEK

The letter of the week wins a

\$30 BOOK VOUCHER

from the University Book Shop

To 'The Birdwatchers': Why we stole your sign

On Saturday night we climbed onto your balcony, pulled down your flat's large sign 'The Birdwatchers', then snapped you plastic binoculars in half and left them on the porch for good measure. But WHY??!

1. Your sign's a bit fucking creepy. It suggests that women on Albany St are being watched through the (real) binoculars hanging on your balcony.

2. Yeah, nah, it's not a joke. Even by claiming to objectify women you're reinforcing the idea that it's acceptable.

3. Objectification leads to sexual harassment, which women on campus endure on a daily basis.

But it's just a bit of banter – no worries right? Wrong. Everyday

sexism like your sign is a dark reminder of the sexual violence experienced by many students. Don't take it personally, you live in a sexist society, you're bound to have blind spots. Most of us uphold rape culture without realising it. But we're sick of this sexist bullshit, so we got proactive and liberated Albany St of your (hopefully) accidental misogyny – you're welcome.

If you want your sign back in one piece, these are our conditions: it must not be put up on the outside of your flat where anyone can see it, you must also write a letter to *Critic* apologizing for said objectifying sign. Otherwise, the days are getting colder and out fire needs kindling... Tick tock.

–From The Birds
(who are sick of being watched)



Maximise your learning potential to gain the best degree you can!

Develop practical plans to achieve your academic and personal goals.

Contact: brian.johnston@otago.ac.nz
Ph: 479 8461
University Life/Study Coach
otago.ac.nz/study/phd/performancecoaching.html



PERSONAL PERFORMANCE COACHING ENABLES YOU TO EXAMINE your current challenges and find the means to manage and overcome whatever is preventing you from achieving your goals. The process explores the influence of often long held beliefs and values, and how these may hold you back from realising your potential. Personal performance coaching encourages you to "think outside the box" and adopt positive attitudes and behaviours, which will assist you to overcome any obstacles and stumbling blocks. Coaching can help you develop tools and strategies to lead a more satisfying and balanced personal and professional life.

Personal Performance coach Brian Johnston is a member of The Coaching Academy, London, graduating with Distinction in 2006. The Coaching Academy is Europe's leading training organisation. Brian is also a UKRCP Individual Counsellor and Full member of NZAC. He assists postgraduate and undergraduate students to achieve their academic and personal goals. This can be through face to face meetings, Skype or Zoom. Sessions tend to last about 50 minutes and focus on strategies to help you progress your studies. Each session costs \$15 and on average students work with Brian for three or four sessions.

Critic's infamous **BLIND-DATE COLUMN** brings you weekly shutdowns, hilariously mis-matched pairs, and the occasional hookup.

Each week, we lure two singletons to Dog With Two Tails, ply them with food and alcohol, then wait for their reports to arrive in our inbox. If this sounds like you, email critic@critic.co.nz. But be warned — if you dine on the free food and dash without sending us a writeup, a Critic writer will write one under your name. And that won't end well for you.



his O.J.

My flatmates decided to sign me up for this date without my knowledge (LOL thanks Rusko, Pies, Smithy, Biffer, Boffer, Bombur and Thorin Oakenshield — you know who you are), and as a student of "Love Is Blind" tropes, I decided to fully commit to the experience and got thoroughly shocked beforehand.

We ate at Dog With Two Tails, which was slightly awkward for me because my great-uncle worked at Chernobyl. But I'm a sucker for miniature trains — an extremely attractive quality, as I'm sure my date would agree — and there was free wine, so on balance I was mildly satisfied.

I stood awkwardly outside the restaurant until her car pulled up. She told me her name was Charlie, and gave me some Charlie's orange juice so that I'd remember. I was feeling a connection. Mike Puru appeared from nowhere. "Ladiesh," he slurred. "It's time for your date." He ushered us inside. I really hoped we wouldn't have to wash any dogs, especially not if they were irradiated mutant freak dogs with multiple tails.

The only thing that flowed better than the conversation were my tears, the clouds of cumin stinging my eyes like a fine yellow mixed metaphor. I don't remember exactly what I ate, but I think there was a lot of hummus, which would explain the weird brown stains all over my clothes the next day.

She told me she was studying the ontology of hermeneutic interpretations of gender among early-period post-structural Frankfurt School offshoots, so naturally we had a lot in common. After the meal, she invited me to challenge the integrity of our empirical senses through the performative intake of socially validated toxin, so we got drunk at Pop bar and had some sharns.

Things were going well, and signs were positive for our synergy going forward, so I decided to take things to the next level. "Will you accept this rose?" I stammered, thrusting forth some wilted leaves that I'd scooped up outside. She recoiled slightly. "That's okay, I actually have a husband and three kids," she said. "I'm just here to research a PhD on awkward social situations."

Thanks for nothing Critic, go fuck yourselves.

hers CHARLIE

I rocked up to the blind date after pregaming with the flatties (who had ever so conveniently pulled a red card when I told them about my date). Maybe this was a mistake, as when I met my mysterious stranger I had trouble believing my eyes. He was very handsome, but obviously very nervous. As my flatmate pulled away from the kerb (cheers for the sober drive, you the real MVP), he offered me a bottle of orange juice, introduced himself and made what I think was a joke about the name of the restaurant.

We went inside, and he waved behind him at the empty air. Clearly the folks at Critic thought it would be a laugh to set me up with this guy, but I was pretty pickled and was willing to give it a go. Plus, he wasn't half bad looking — a bit on the short side and a little hairier than I'd usually go for, but hey, YOLO right? I should have seen the warning signs when he ordered hummus for dinner. Instead, I ordered my meal (a burger) and excused myself to go to the bathroom.

When I returned, my date was crying and rubbing handfuls of hummus vigorously onto the fronts of his trousers. Little puffs of spice (nutmeg maybe?) got up my nose as I returned to the table. I'm still not sure what was prompting the tears: the entire contents of the Dog With Two Tails spice cabinet? Was the hummus bad? Or were they tears of joy? I attempted to comfort him, but he wasn't really coherent at this point. Was he drunker than I was?

Our lovely waitress arrived with a bottle of Appletizer which I assumed my date had ordered. She gently asked if everything was ok, and my date nodded yes through his tears and choked out something bizarre about sausages or hot dogs. It was here that it got a bit too weird. I told him my flatmate was feeling sick and that I had to go and as I turned to go, he grabbed my wrist and shoved a pile of wilted lettuce into my hands. I noped the fuck outta there and as I left I heard him urgently telling the waitress about roses and husbands? I didn't stick around to find out.

Cheers Critic for the valuable life lessons I learned! PS: my Tinder haul that night was as fruitful as the blind date was not.



Cafe, Bar & Live Music Venue
 Exclusively Free Range, Gluten Free & Vegan options
 Specialty Coffee, Craft Beer & Single Malt Whisky
 Breakfast, Lunch & Dinner

Dog With Two Tails, right beside Rialto cinemas | Open 7 days, Tues-Sat open late | live music performance | www.dogwithtwotails.co.nz | 03 477 4188

President's Column

This week, in the wake of reports I thought I would round-up the extraordinary things that the executive are working on, and ways you can get involved with the process.

Alexia Cochrane (Education): Alexia has already prepared exam packs, and is now busy collating student views on computer-based examinations. Thank you to all those who did her survey! She is also looking at ways to make improvements to the special consideration process for examinations at Otago.

Rachel Goh (International): Rachel is currently making the International Bulletin Board, an information source for clubs and a chance to exhibit their culture to the wider student population. She is also leading her wonderful Council to organise the International Cultural Carnival, to be held in the Link on the 30th of July, and the International Gala Night.

Sean Gamble (Campaigns): Sean is working on making our Clubs and Societies Centre a warm, 24/7 student space during exam time - complete with free noodles, free wifi and comfortable seating. He is also coordinating Bottle Buy Back, the first of which has already taken place, but keep an eye out for future ones as they're a great opportunity to make money clearing up glass in your area.

Jarred Griffiths (Administrative Vice President): Jarred has created a roster for drop-in sessions,

where you can engage with the executive on a face to face level. These will be held throughout the year on Thursdays, alternating between the Link, St David, Hunter Centre, and the Commerce Atrium. Jarred is also working on the Pay Fairtrade Forward Day on the 13th of May, which is a great student run initiative alongside the P3 Foundation.

William Guy (Recreation): Will has been focused on connecting clubs with OUSA. If you are a student group who isn't already affiliated, get in touch with Sarah, the Clubs Development Officer, about how being affiliated could help your club. Will is also resurrecting the Affiliated Clubs Council, which will help us keep in touch with what clubs want.

Jesse Hall (Finance): Jesse has an extremely complex role on the executive, and as such, much of what he is doing is under wraps for the time being. So expect great things from him, but for now "it's a secret".

Bayden Harris (Colleges): Bayden is implementing a module-based way of helping students with the transition from college life to flatting. This covers things like fiscal responsibility, meeting members of the community, and knowing your rights as a tenant. Taking a very hands on approach with his involvement in the colleges, he will be coming to each one to meet with you throughout the year, so make him feel welcome if you see him at dinner!

Bryn Jenkins (Welfare): Bryn has worked tirelessly on several projects; the Thursdays in Black campaign, a submission to parliament on the Residential Tenancies Amendment bill for warmer and drier homes for students, and liaising with Curtain Bank to make those warmer houses a possibility in the meanwhile. He is also aiming to have more microwaves and food preparation areas available on campus.

Mariana Te Pou (Postgrad): Mariana has been meeting with different postgraduate groups this semester to create greater unity amongst the postgrad community. Both she and Rachel are making sure that international postgraduate students are represented and have good access to welfare services.

Working alongside this group of people has been an absolute honour and delight. They are the most conscientious, motivated and engaged group of individuals I have ever been a part of. We have many a robust discussion, but at the end of it we are united by the desire to do what is best for students. If you see something here that you would like to get involved with or learn more about, I strongly urge you to get in touch with the mentioned executive member, they will go out of their way to help you.

Take care,



Laura Harris
president@ousa.org.nz

WEDNESDAY 27 APRIL

University Mental Health and Well-being Day aims to raise awareness of the mental health and well-being needs of those who study and work in higher education settings. There are heaps of free activities and giveaways happening all day across campus - to check out a full schedule of events, head to: bit.ly/OtagoUniMentalHealthDay2016



BE IN TO WIN
WHEN YOU
SIGN UP TO

THE OUSA COMMUNIQUE
NEWSLETTER

LAST WEEK'S WINNER
Kimberley Smith

Sign-up to hear all the latest from us and be in to win weekly prizes! Every week we've got a care package to give away, once you have subscribed you are automatically entered into the draw. Congrats to Kimberley for winning last week's Dispensary voucher, and to Nat Hanson for winning the Giveaway Idea Comp. **This week we're giving away an Autumnal Pack to keep you dry and toasty!**

Sign up at bit.ly/ousanews



RADIO ONE 91FM presents the 2016 OUSA
BATTLE OF THE BANDS
ENTER NOW!
Applications due
5pm, 29th April
REGISTER ONLINE AT BOTB.OUSA.ORG.NZ
HEATS: EVERY FRIDAY IN MAY AT REIFUEL | FINAL: SATURDAY 28 MAY
LAST WEEK TO ENTER!

**THE BEST
THINGS IN
LIFE ARE
FREE!**

**JUCY'S EPIC
SKI4FREE
DEAL IS
BACK!**

jucy



Hire your wheels with JUCY and score up to six consecutive days of FREE skiing at Treble Cone, Wanaka, NZ*

0800 399 736 | [SKI4FREE.CO.NZ](https://ski4free.co.nz) | *Terms and conditions apply


TREBLECONE
WANAKA NEW ZEALAND